

Tricked Out (P)

拍數: 40 牆數: 0 級數: Partner
編舞者: Renegade Rich & Debi Krajcsovics (USA)
音樂: Sunshine and Summertime - Faith Hill



Position: Man & Lady's footwork are the same unless noted

WALK, WALK, SHUFFLE LEFT, RIGHT, LEFT, WALK, WALK, SHUFFLE RIGHT, LEFT, RIGHT

1-2-3&4 Walk forward left, right, shuffle left, right, left
5-6-7&8 Walk forward right, left, shuffle right, left, right

CROSS ROCK, RECOVER, TRIPLE IN PLACE LEFT, RIGHT, LEFT, CROSS ROCK RECOVER ½ TRIPLE TO RIGHT

1-2-3&4 Cross rock left over right, rock back on right, triple in place left, right, left
5-6-7&8 Cross rock right over left, rock back on left, ½ right triple step right, left, right

Turning, man wants to move over behind the lady during the ½ turn, ending up both facing back line of dance. Hands, 7&8, drop lady's right hand taking left hand over her head & pick up right hand after the half turn. Both hands are now at waist

WALK, WALK, SHUFFLE LEFT, RIGHT, LEFT, ROCK, STEP, ¼ RIGHT SIDE SHUFFLE STEP

1-2-3&4 Walk forward left, right, (RLOD) shuffle step left, right, left
5-6-7&8 Rock forward on right, rock back on left, make ¼ turn right as you side shuffle right, left, right

Turning, man takes large steps as you do a side shuffle, while lady takes small steps. Man now behind lady facing inside line of dance. Hands, during the turn man drops lady's left hand, bringing lady's right hand over her head picking up lady's left hand after turn

CROSS, STEP, BEHIND, ¼ STEP, SHUFFLE LEFT, RIGHT, LEFT, RIGHT, LEFT, RIGHT

1-2-3-4- Cross step left over right, step right side right, step left behind right, making ¼ turn right stepping forward on right turning, now facing line of dance in reverse sweetheart position
5&6-7&8 Shuffle forward left, right, left, shuffle forward right, left, right

¼ TURN, ¾ TURN, WALK, WALK, SHUFFLE LEFT, RIGHT, LEFT, RIGHT, LEFT, RIGHT

1-2-3-4 **MAN:** Steps left foot to left in front of lady making ¼ turn left, step right foot in front of left making ¾ turn left walk forward left, right
LADY: Steps left foot to left making ¼ turn left, step right foot over left stepping ¾ turn left, walk forward left, right

Turning, after turn both man & woman are facing line of dance in sweetheart position

5&6-7&8 Shuffle forward left, right, left, right, left, right

REPEAT