

Tremor

拍數: 64 牆數: 4 級數: Improver
編舞者: Kathy Daley
音樂: Earthquake - Ronnie Milsap



SIDE TOGETHER SIDE RIGHT AND LEFT, MONTEREY TWICE

- 1-4 Step right to right side, step left next to right, step right to right side, tap left next to right and clap
- 5-8 Step left to left side, step right next to left, step left to left side, tap right next to left and clap
- 9 Tap right to right side, step right next to left while making a ½ turn right
- 10 Tap left to left side, step left next to right
- 11 Tap right to right side, step right next to left while making a ½ turn right
- 12 Tap left to left side, step left next to right
- 13-16 Step left to left side, step right next to left, step left to left side, tap right next to left and clap
- 17-20 Step right to right side, step left next to right, step right to right side, tap left next to right and clap
- 21 Tap left to left side, step left next to right while making a ½ turn left
- 22 Tap right to right side, step right next to left
- 23 Tap left to left side, step left next to right while making a ½ turn left
- 24 Tap right to right side, step right next to left

LOCK FORWARD AND SCOOT TWICE

- 25-26 Step right foot forward - close left behind right
- 27-28 Step forward on right and scoot on right foot
- 29-30 Step forward on left - close right behind left
- 31-32 Step forward on left and scoot on left foot

STEP BACK, HOP AND KNEE LIFT

- 33-34 Step back on right - hop on right foot lifting left knee
- 35-36 Step back on left - hop on left foot lifting right knee
- 37-38 Step back on right - hop on right foot lifting left knee
- 39-40 Step back on left - hop on left foot lifting right knee

FULL TURN TAP AND CLAP

- 41-44 Walk right, left, right making a full turn right - tap left foot next to right and clap
- 45-48 Walk left, right, left making a full turn left - tap right foot next to left and clap

STEP RIGHT, SHIMMY AND ¼ TURN LEFT

- 49-52 Step right to right side and shimmy - tap left next to right and clap while making a ¼ turn left

STEP FORWARD AND WIGGLE X 4, STOMP AND CLAP

- 53-56 Step forward on right and wiggle - step forward on left and wiggle
- 57-60 Step forward on right and wiggle - step forward on left and wiggle
- 61-64 Stomp right foot next to left - stomp left foot next to right and clap twice

REPEAT
