

Tremor

拍數: 42 牆數: 4 級數: Intermediate
編舞者: Steven Hinerman
音樂: Earthquake - Ronnie Milsap



TREMOR

- 1 Kick right forward
- 2 Kick right out to right side
- 3&4 Sailor shuffle on right, left, right
- 5-8 Repeat above steps on left

- 9 Rock back on right (angle body to right)
- 10 Step left in place
- 11&12 Shuffle to right on right, left, right
- 13 Rock back on left (angle body to left)
- 14 Step right in place
- 15&16 Shuffle to left (left, right, left)
- 17 Rock back on right (angle body to right)
- 18 Step left in place
- 19-20 Stomp right forward, hold one count
- 21-22 Roll hips to the left (2 counts)

WHILE TRAVELING BACKWARDS

- &23 Step out on right, step out on left
- &24 Step to center on right, step to center on left
- &25 Step out on right, step out on left
- &26 Step to center on right, step forward on left

- 27 Step forward on right (big step)
- & Scuff left
- 28 Hitch left knee
- 29 Stomp left beside right
- 30 Stomp right in place
- 31 Kick right forward
- 32 Kick right out to side

- 33 Step back on right (big step), while turning $\frac{1}{4}$ to right
- 34 Touch left beside right

- 35&36 Step to left & bump hips (left, right, left)
- 37&38 Step to right & bump hips on right, left, right
- 39-42 Roll hips to the left twice (2 counts each)

REPEAT
