

Tremor

拍數: 42 牆數: 4 級數: Intermediate
編舞者: Steven Hinerman
音樂: Earthquake - Ronnie Milsap



TREMOR

1 Kick right forward
2 Kick right out to right side
3&4 Sailor shuffle on right, left, right
5-8 Repeat above steps on left

9 Rock back on right (angle body to right)
10 Step left in place
11&12 Shuffle to right on right, left, right
13 Rock back on left (angle body to left)
14 Step right in place
15&16 Shuffle to left (left, right, left)
17 Rock back on right (angle body to right)
18 Step left in place
19-20 Stomp right forward, hold one count
21-22 Roll hips to the left (2 counts)

WHILE TRAVELING BACKWARDS

&23 Step out on right, step out on left
&24 Step to center on right, step to center on left
&25 Step out on right, step out on left
&26 Step to center on right, step forward on left

27 Step forward on right (big step)
& Scuff left
28 Hitch left knee
29 Stomp left beside right
30 Stomp right in place
31 Kick right forward
32 Kick right out to side

33 Step back on right (big step), while turning $\frac{1}{4}$ to right
34 Touch left beside right

35&36 Step to left & bump hips (left, right, left)
37&38 Step to right & bump hips on right, left, right
39-42 Roll hips to the left twice (2 counts each)

REPEAT
