

# Treat Me Like A Woman

**COPPER** KNOB  
BY STEPHEN

拍數: 0                      牆數: 4                      級數: Intermediate  
編舞者: Liz Nighy (DE)  
音樂: Treat Me Like a Woman - Lisa Stansfield



Sequence: ABC, B, ABC, BB, B- (8 counts), A- (8 counts), 4 count hold, C-(counts 17-31), tap right foot next left, A- (8 counts), C- (counts 17-31), tap right foot next left, C- (count 17-48), BB, A- (8 counts)

## PART A

### OUT OUT-HOLD, ¼ LEFT HEEL-HOLD, & STEP ½ TURN LEFT

&1-2                      Step right foot out, step left foot out, hold  
&3-4                      Step right ¼ turn left back, step left foot heel forward, hold  
&5-6                      Step left foot on right, step right foot forward, hold  
7-8                        ½ turn left on both balls(weight on left)

### OUT OUT-HOLD, ¼ LEFT HEEL-HOLD, &TAP RIGHT BACK, ½ TURN RIGHT

&9-10                     Step right foot out, step left foot out, hold  
&11-12                    Step right ¼ turn left back, step left foot heel  
&13&14                    Step left foot on right, tap right foot back, hold  
15&16                     ½ turn right on both balls(weight on left)

## PART B

### ROCK RIGHT, CROSS SHUFFLE, ½ TURN RIGHT, CROSS STEP-TAP RIGHT

1-2                        Rock right foot to right side, recover on left  
3&4                        Cross right foot over left, step left foot to left side, cross right foot over left  
5-6                        Step left ¼ turn back right, step right foot ¼ turn right  
7-8                        Step left foot over right, tap right foot to right side

### TAP-½ TURN RIGHT, SLIDE LEFT-TAP, & HEEL & TAP, KICK-BALL-CHANGE

9-10                      Tap right foot behind left, ½ turn right(weight on right)  
11-12                     Slide left foot forward, tap right on left  
&13                        Step right foot on left, heel left foot forward  
&14                        Step left foot on right, tap right foot next left  
15&16                     Kick right foot forward, step right foot next to left, step left foot on place

## PART C

### STEP LOOK STEP RIGHT, STEP LOOK STEP LEFT, PIVOT ½ TURN LEFT, KICK & KICK

1                            Step right foot forward  
2&                          Look left foot behind right, step right foot forward  
3                            Step left foot forward  
4&                          Look right foot behind left, step left foot forward  
5-6                        Step right foot forward, ½ turn left(weight on left)  
7&8                        Kick right foot forward, step right foot on left, kick left foot forward

### STEP LOOK STEP RIGHT, STEP LOOK STEP LEFT, PIVOT ½ TURN LEFT, FULL TURN LEFT

15-16                     Step right foot ½ turn left, step left foot ½ turn left

### ROCK & CROSS, ROCK & CROSS, SHUFFLE ¼ TURN RIGHT BACK, FULL TURN LEFT BACK

17&18                     Rock right foot to right side, recover on left, cross right foot over left  
19&20                     Rock left foot to left side, recover on right, cross left foot over right  
21&22                     Step right foot ¼ turn right back, step left foot on right, step right foot back  
23-24                     Step left foot ½ turn left back, step right foot ½ turn left back

**SIDE-STEP-SIDE LEFT, SIDE & FORWARD, SIDE-STEP-SIDE RIGHT, SIDE & BACK**

25-26 Step left foot to left side, step right foot next left

27&28 Step left foot to left side, step right foot next left, step left foot forward

29-30 Step right foot to right side, step left foot next right

31&32 Step right foot to right side, step left foot next right, step right foot back

33-48 Dance 17-32 except reversed, beginning with left foot

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