# **Trashy Tricks**



拍數: 64 牆數: 2 級數: Improver

編舞者: Jan Wyllie (AUS)

音樂: Trashy Women - Confederate Railroad



1-2-3-4	Vine to the	right right,	left, right,	stomp le	eft beside right
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5-6-7-8 Swivet to the right twice

## Description of swivet step below dance description

9-10-11-12 13-14-15-16	Vine to the left left, right, left, stomp right beside left Swivet to the left twice
17-18-19-20 21-22-23-24	Toe strut back on right, toe strut back on left making $\frac{1}{2}$ turn left Toe strut back on right making $\frac{1}{2}$ turn left, rock/step back on left, rock forward on right
25-26-27-28	Step forward on left, kick right forward and across left, step forward on right, kick left forward and across right
29-30&31-32	Step forward on left, right leg kick ball change, step forward on right
33-34-35&36	Rock/step forward on left, rock back on right, step back on left, step right beside left, step forward on left
37-38-39-40	Step forward on right, taking 3 counts make a $\frac{1}{2}$ turn left keeping weight on right (bend your knees and put some attitude into this step)
41-42-43-44 45-46-47-48	Rock/step back on left, rock forward on right, shuffle forward left, right, left Step forward on right, taking 3 counts make a ½ turn left keeping weight on right (more attitude)
49-50-51-52 53-54-55-56	Rock/step back on left, rock forward on right, step forward on left, touch right beside left Step right to right, step left beside right, step back on right, touch left beside right
47-58-59-60	Step left to left, step right beside left, making $\frac{1}{4}$ left rock/step forward on left, rock back on right
61-62-63-64	Making ¼ left step left to left side, touch right beside left, bump hips right, left

## **REPEAT**

2

I haven't seen a swivet step around for a while. You may not know how to do it. It's one of those steps like apple jacks that we had to practice and practice. It goes like this:

# **RIGHT SWIVET - FEET TOGETHER**

Take weight on right heel and ball of left foot. Swivel right toes to the right and left heel to left

2 Return feet to the 'together' position

## **LEFT SWIVET - FEET TOGETHER**

Take weight on left heel and ball of right foot. Swivel left toes to the left and right heel to the

Return feet to the 'together' position