

# Trapped (In An Old Country Song)

**COPPER KNOB**  
STEPSHEETS

拍數: 48      牆數: 2      級數: Beginner  
編舞者: Kevin Smith (AUS) & Maria Smith (AUS)  
音樂: Trapped In an Old Country Song - Charley Pride



## STEP DRAG FORWARD, WALTZ FORWARD

1-2-3      Step forward on left, drag right to left instep, step right next to left  
4-5-6      Waltz forward stepping left-right-left

## STEP DRAG BACK, WALTZ BACK

1-2-3      Step back on right, drag left toe to right instep, step left next to right  
4-5-6      Waltz back stepping right-left-right

## CROSS ROCK LEFT OVER RIGHT, REPEAT RIGHT OVER LEFT

1-2-3      Cross/rock left over right, return weight to right, step left to side  
4-5-6      Cross/rock right over left, return weight to left, step right to side

## SIDE STEP DRAG, HIP SWAY

1-2-3      Big step left to side, drag right toe to left instep  
4-5-6      Rock/step right to side swaying hips to right, sway hips to left, sway hips to right

## STEP ACROSS WEAVE, ½ TURN

1-2-3      Step left over right, step right to side, step left behind right  
4-5-6      ¼ turn right stepping forward on right, step left forward, ¼ turn pivot right keeping weight on right

## STEP ACROSS WEAVE, ½ TURN

1-2-3      Step left over right, step right to side, step left behind right  
4-5-6      ¼ turn right stepping forward on right, step left forward, ¼ turn pivot right keeping weight on right

## STEP POINT, SAILOR BACK

1-2-3      Step forward on left, point right toe to side  
4-5-6      Waltz sailor back stepping right behind left, left to side, replace weight on right

## LOCK STEP FORWARD, ½ TURN

1-2-3      Step forward on left, lock/step right behind left, step forward left  
4-5-6      Waltz forward ½ turning left stepping right-left-right

## REPEAT

## ENDING

To finish dance you will be facing back wall on the drag back section. Simply ½ turn right and waltz forward to front wall