

Train Wreck

拍數: 48 牆數: 2 級數: contra dance
編舞者: Kathy Hunyadi (USA)
音樂: Party Train - The Gap Band



Position: Lines should be facing each other with dancers each in a "window"
There is a l-o-n-g intro (68 seconds). After the train pulls into the station the beat will kick in. Wait for it!

SLIDE FORWARD RIGHT, TOUCH LEFT & CLAP, WALK BACK LEFT, RIGHT, LEFT, TOUCH RIGHT

1-2-3-4 Long step forward on right at same time sliding left up to right, touch left next to right & clap
5-6-7-8 Walk back (to starting position) left, right, left, touch right next to left

SLIDE FORWARD RIGHT, TOUCH LEFT & CLAP, WALK BACK LEFT, RIGHT, LEFT, TOUCH RIGHT

1-2-3-4 Long step forward on right at same time sliding left up to right, touch left next to right & clap
5-6-7-8 Walk back (to starting position) left, right, left, touch right next to left

You can also clap hands with the people opposite you

RIGHT SHUFFLE FORWARD, LEFT SHUFFLE FORWARD, ROCK, STEP, COASTER

1&2 Shuffle forward right, left, right
3&4 Shuffle forward left, right, left (you will pass through the line)
5-6 Rock forward on right, recover weight to left
7&8 Step right back, step left next to right, step right forward (coaster)

RIGHT ¼ TURN, RIGHT ¼ TURN, STEP FORWARD OUT-OUT, STEP BACK LEFT, TOUCH RIGHT

1-2 Step forward on left, turn ¼ right, step right in place
3-4 Step forward on left, turn ¼ right, step right in place (lines should be facing each other again)
5-6 Step left forward & out to side, step right forward & out to side (feet shoulder width apart)
7-8 Step left back, touch right next to left

VINE RIGHT, TURN & TOUCH, VINE LEFT, TURN & TOUCH

1-2 Step right to side, step left behind right
3-4 Turn ¼ right stepping forward on right, touch left next to right
5-6 Step left to side, step right behind left
7-8 Turn ¼ right stepping back on left, touch right next to left

VINE RIGHT, TURN & TOUCH, VINE LEFT, TURN & TOUCH

1-2 Step right to side, step left behind right
3-4 Turn ¼ right stepping forward on right, touch left next to right
5-6 Step left to side, step right behind left
7-8 Turn ¼ right stepping back on left, touch right next to left

REPEAT

The last 16 counts are where it might get a little crazy! You will be passing through the lines twice with the vines. You should end up facing a new wall but the same faces from the original opposite line. Good luck!