

Trail Of Friends

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Karla Dornstedt (USA) & Paul Dornstedt (USA)
音樂: Four Walls - Jim Reeves



¼ TURNING FORWARD BASIC; ¼ TURNING RONDE

- 1-2 Step left ¼ turn left; step right slightly forward
3-4 Step left slightly back; step right back
5-6 Sweep left toe ½ circle left while turning ¼ left on ball of right touching left toe to right instep (6:00)

TOE SWEEP TURNING ¼ LEFT, ROCK-STEP, STEP, TOE SWEEP TURNING ¼ LEFT

- 7-9 Sweep left toe from right instep into ¼ turn left and step on left; step right slightly forward; step left slightly back
10-12 Step right back; sweep left toe ½ circle left while turning ¼ left on ball of right touching left toe to right instep (12:00)

¼ TURN, BRUSH, BRUSH

- 13 Sweep left toe from right instep forward as you step into ¼ turn left
14-15 Brush right forward; brush right back
16-18& Tap right toe outside left foot; step right forward; brush left across and back

STEP, BRUSH, BRUSH, TAP, STEP, STEP

- 19-21 Step right forward; brush left forward; brush left back across right
22-24 Tap left toe; step left forward; step right forward

ROCK-STEP, TURN, STEP, STEP, LOCK-STEP

- 25-27 Rock-step left forward; rock-step right back; turning ½ left on ball of right, step left forward (3:00)
28-30 Step right forward; lock left behind right; step right forward

STEP, TAP, BACK, BACK-BACK-FORWARD (SLOW COASTER)

- 31-33 Step left forward; tap right toe behind left foot; step right back
34-36 Step left back; step right together; step left forward

STEP, LOCK-STEP, STEP, TAP, BACK

- 37-39 Step right forward; lock-step left behind right; step right forward
40-42 Step left forward; tap right toe behind left foot; step right back

SIDE, TOGETHER, CROSS; SIDE, TOGETHER, CROSS

- 43-45 Step left diagonally back left; step right beside and a little back of left; cross-step left over right on right diagonal (modified scissors)
46-48 Step right diagonally back right; step left beside and a little back of right; cross-step right over left on left diagonal (modified scissors)

REPEAT