

Tragedy

拍數: 64 牆數: 4 級數: Improver
編舞者: Ed Cunningham (UK)
音樂: Tragedy - Steps



KICK, KICK, STEP BEHIND ½ TURN, ROCK STEP, COASTER STEP

1-2 Kick right foot forward twice
3-4 Crossing right toe behind left, unwind pivot ½ turn right
5-6 Rock forward left rock back right
7&8 Step back left, step right back, step forward left

KICK, KICK, STEP BEHIND ½ TURN, ROCK STEP, COASTER STEP

9-10 Kick right foot forward twice
11-12 Crossing right toe behind left, unwind pivot ½ turn right,
13-14 Rock forward left rock back right
15&16 Step back left, step right back, step forward left

HEEL ROCKS TWICE

17-18 Step right heel forward & diagonally to right, Step left heel forward & diagonally to left,
19-20 Step right back in place, Step left back in place
21-22 Step right heel forward & diagonally to right, Step left heel forward & diagonally to left,
23-24 Step right back in place, Step left back in place

As the right heel goes forward at the same time the right hand follows (fingers open) like you would shake someone's hand, same with left side. As you step right back in place, right hand goes on right hip, left hand goes onto left hip as left foot goes back in place.

SIDE ROCK, CROSS KICK TWICE, STEP SIDE ¼ TURN RIGHT, HEEL STOMPS TWICE

25-26 Rock right foot to right side, Replace weight back onto left
27-28 Kick right foot crossing in front of left twice
29-30 Step right toe to right side, ¼ turn right,
31-32 Stomp right heel twice

HEEL GRINDS AND COASTERS, (LEFT & RIGHT)

33-34 Grind left heel forward, Rock back right
35&36 Step back left, back right, step forward left
37-38 Grind right heel forward, Rock left right
39&40 Step back right, back left, step forward right

HEEL / TOE POINTS ½ TURN LEFT, LEFT SHUFFLE FORWARD

41-42 Touch left heel forward, hook left foot to outside of right knee and ½ turn left on ball of right foot
43&44 Step forward left, close right beside left, step forward left

HALF MONTEREY TURNS, STEP ½ PIVOT TURN TWICE

45 Touch right toe to right side
46 On ball of left foot pivot ½ turn right and step right beside left
47-48 Touch left to left side, step left beside right
49-50 Step forward on right foot, ½ pivot turn left
51-52 Step forward on right foot, ½ pivot turn left

SHUFFLES AND ½ PIVOTS

53&54 Step right, close left beside right, step forward right

55-56 Step forward left, pivot ½ right
57&58 Step left, close right beside left, step forward left
59-60 Step forward right, pivot ½ left

WALKING FORWARD (WITH ATTITUDE) AND STOMP,

61-62-63 Walk forward right, left, right
64 Stomp left foot beside right

REPEAT
