

Tragedia

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Andrew Palmer (UK), Simon Cox (UK) & Sheila Palmer (UK)
音樂: Tragedia - Marc Anthony



European/UK CD track 15 "Tragedia" and not track 5 "Tragedy". Start after 32 counts

SIDE RIGHT, LEFT SAILOR WITH $\frac{1}{4}$ LEFT, RIGHT LOCK-STEP, STEP BACK $\frac{1}{2}$ RIGHT, STEP FORWARD $\frac{1}{2}$ RIGHT, STEP - TURN - STEP

1-2&3 Step right side right, left sailor with $\frac{1}{4}$ turn left (9:00)
4&5 Right lock step
6-7 $\frac{1}{2}$ turn right step back on left with (3:00), $\frac{1}{2}$ turn right step forward on right with (9:00)
8&1 Step left forward, pivot $\frac{1}{2}$ right (3:00), step left forward

STEP RIGHT, STEP LEFT, LOCK RIGHT - STEP LEFT - STEP RIGHT, TWIST $\frac{1}{2}$ LEFT, TWIST $\frac{1}{2}$ RIGHT, RIGHT COASTER-CROSS

2-3 Walk forward right, walk forward left (turning body slightly right) (4:00)
4&5 Lock right behind left, step forward left (3:00), step forward right
6-7 Twist (down) $\frac{1}{2}$ left (9:00) (leave weight on right), twist (up) $\frac{1}{2}$ right (3:00) (weight to left)
8&1 Right coaster-cross (right across left)

ROCK SIDE LEFT, RECOVER, TOUCH LEFT ACROSS, TOUCH LEFT, STEP LEFT ACROSS, ROCK SIDE RIGHT, RECOVER, RIGHT SAILOR $\frac{1}{2}$ RIGHT - CROSS

2-3 Rock left side left, recover
4&5 Touch left toe across right, touch left side left, step left across right
6-7 Rock right side right, recover
8&1 Right sailor $\frac{1}{2}$ right (step right behind left with $\frac{1}{4}$ right, step left side left with $\frac{1}{4}$ right (9:00), step right across left)

SIDE LEFT, STEP RIGHT ACROSS, RECOVER - SIDE RIGHT - STEP LEFT ACROSS RIGHT, ROCK SIDE RIGHT, RECOVER, RIGHT SAILOR

2-3 Step left side left, step right across left
4&5 Recover weight (back on) to left, step right side right, step left across right
6-7 Rock right side right, recover
8&1 Right sailor

Count 1 links end of dance to start!

REPEAT