

Tracy's Shimmy

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Hans Kurt Mortensen (DK)
音樂: I'm from the Country - Tracy Byrd



SHUFFLE RIGHT, ROCK RECOVER, SHUFFLE LEFT, ROCK RECOVER

1&2 Step right to right, step left next to right, step right to right
3-4 Rock left behind right, recover on right
5&6 Step left to left, step right next to left, step left to left
7-8 Rock right behind left, recover on left

KICK BALL CHANGE, ROCK BACK RIGHT, RECOVER, PIVOT LEFT TWICE

9-10 Kick right forward, step right beside left, step left beside right
11-12 Rock back on right, recover on left.
13-14 Step forward on right, pivot ½ turn left
15-16 Step forward on right, pivot ½ turn left

SHUFFLE RIGHT, ROCK RECOVER, SHUFFLE LEFT, ROCK RECOVER

17&18 Step right to right, step left next to right, step right to right
19-20 Rock left behind right, recover on right
21&22 Step left to left, step right next to left, step left to left
23-24 Rock right behind left, recover on left

LONG STEP SLIDES (SHIMMY) CLAP, PIVOT ½ TURN RIGHT, KICK BALL TOUCH

25-26 Step forward on right foot (long step) and shake upper torso
27-28 Touch left foot next to right foot and clap
29-30 Step forward on left foot, pivot ½ turn right
31&32 Kick left forward, step left beside right, touch right beside left

REPEAT
