

# Track One (Hung Up)

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Raymond Sarlemijn (NL)  
音樂: Hung Up - Madonna



## JAZZ BOX, 4/4 TURN, TOUCH, HITCH KNEE

- 1 Cross right foot over left foot
- 2 Step back on left foot
- 3 Step to right on right foot and turn  $\frac{1}{4}$  over right
- 4 Turn  $\frac{1}{4}$  over right and step left foot to left
- 5 Turn  $\frac{1}{2}$  over right and step right foot to right
- 6 Touch left foot to left
- 7 Put weight on left foot and turn  $\frac{1}{4}$  over left
- 8 Turn  $\frac{1}{4}$  over left and hitch right knee up

## TURN $\frac{1}{4}$ CROSS, TURN $\frac{1}{4}$ KICK, COASTER STEP, SWIVEL, SWIVEL, SWIVEL HITCH KNEE

- 1 Turn  $\frac{1}{4}$  over left and cross right foot in front left foot
- 2 Turn  $\frac{1}{4}$  over left and kick left foot forward
- 3 Left foot backwards
- & Right foot backwards next to left foot
- 4 Left foot forward
- 5 Swivel right foot to right
- 6 Swivel left foot to left, while doing this turn  $\frac{1}{4}$  over left
- 7 Swivel right foot to right
- 8 Turn  $\frac{1}{4}$  over left and hitch left knee up

## COASTER STEP, STEP $\frac{1}{4}$ TURN, STEP TOUCH, STEP TOUCH

- 1 Step backwards on left foot
- & Put right foot next to left foot
- 2 Step forward on left foot
- 3 Step forward on right foot
- 4 Turn  $\frac{1}{4}$  over left and touch left foot forward
- 5 Step left foot to left
- 6 Touch right foot backwards left foot
- 7 Turn  $\frac{1}{4}$  over left and step right foot to right
- 8 Cross left foot over right foot and touch

## STEP OUT, SWAY, SWAY, SWAY, RONDE COASTER STEP, WALK WALK

- 1 Step left foot to left, keep weight on right
- 2 Sway weight to left
- 3 Sway weight to right
- 4 Start ronde with left foot
- 5 Step left foot backwards right foot
- & Put right foot next to left foot
- 6 Step forward on left foot
- 7 Cross right foot over left foot
- 8 Step left foot to left

**REPEAT**