

Traces Cha Cha

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Janet Wilson (USA)
音樂: Traces - Scooter Lee



MODIFIED RIGHT AND LEFT GRAPEVINES; SAILOR SHUFFLES

- 1-2 Cross-step left over right; step right to right side
3&4 Step left behind right (turn slightly left); step right to right side (facing forward); step left slightly forward and to left side
5-6 Cross-step right over left; step left to left side
7&8 Step right behind left (turn slightly right); step left to left side (facing forward); step right slightly forward and to right side.

TRACES CHA-CHA

- 9-10 With weight on right, trace circle on floor with left (forward, left, back)
11&12 In place, step left, right, left (cha, cha, cha)
13-14 With weight on left, trace circle on floor with right using momentum to turn ½ right
15&16 In place, step right, left, right (cha, cha, cha).

CROSS ROCKS; CHA-CHA'S

- 17-18 Cross-step left over right; rock-step back onto right
19&20 Traveling side left, step left; step right together; step left
21-22 Cross-step right over left; rock-step back onto left
23&24 Traveling side right, step right; step left together; step right.

SWAYS; CHA-CHA'S

- 25-26 Shifting weight to left, sway left; shifting weight to right, sway right
27&28 Traveling side left, step left; step right together; step left
29-30 Shifting weight to right, sway right; shifting weight to left, sway left
31&32 Traveling side right, step right; step left together; step right.

REPEAT
