

Trace Of Doubt

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Jenny Leigh (AUS)
音樂: I'm a Believer - Smash Mouth



ROCK RIGHT, HOLD, BEHIND, SIDE, FRONT, ROCK LEFT, HOLD, BEHIND, SIDE, FRONT

1-2 Keeping weight on left rock right to right side, hold
3&4 Moving slightly forward step right behind left, step left to left, step right over left
5-6 Keeping weight on right rock left to left side, hold
7&8 Moving slightly forward step left behind right, step right to right, step left over right

STOMP, HOLD CLAP, STOMP, HOLD CLAP, RIGHT KICK BALL CHANGE, STEP PIVOT ½ LEFT

1-2 Stomp right foot forward, hold & clap
3-4 Stomp left foot forward, hold & clap
5&6 Kick right foot forward, replace weight on right, ball change on left foot (kick ball change)
7-8 Step forward on right, ½ pivot turn left

17-32 Repeat the 16 counts above

RIGHT SIDE SHUFFLE, ROCK REPLACE, STEP, TOUCH. LEFT ¼ TURN, STEP TOUCH

1&2 Side shuffle to right stepping right-left-right
3-4 Rock/step left behind right, rock/replace weight on right
5-6 Step left to left, touch right beside left (clapping hands)
7-8 Step right ¼ turn to left, touch left beside right

LEFT SIDE SHUFFLE, ROCK REPLACE, STEP, TOUCH, LEFT ¼ TURN, STEP TOUCH

1&2 Side shuffle to left stepping left-right-left
3-4 Rock/step right behind left, rock/replace weight on left
5-6 Step right to right, touch left beside right (clapping hands)
7-8 Step left ¼ turn to left, touch right beside left (weight on left)

RIGHT JAZZ BOX, HIP BUMPS LEFT-RIGHT-LEFT, HOLD (RESTARTS HAPPEN AT THIS POINT)

1-4 Step right over left, step back on left, step right to right side, step left to left side
5-8 Bump hips left-right-left, hold

ROLLING VINE TO RIGHT, TOUCH, HEEL SWITCH LEFT & RIGHT, STEP FORWARD, DRAG

1-4 Rolling vine to right stepping right-left-right, touch left beside right
5& Touch left heel forward, replace left beside right
6& Touch right heel forward, replace right beside left
7-8 Step left forward, drag right beside left

REPEAT

RESTART

On wall 2 & 4 only dance up to & complete count 56. Then restart the dance

FINISH

Finish dance to the front completing count 48