

# Toxic

COPPER KNOB  
BYEPOSTETS

拍數: 32      牆數: 4  
編舞者: Levi J. Hubbard (USA)  
音樂: Toxic - Britney Spears

級數: Intermediate east coast swing



## WALK FORWARD, KICK & BACK & SIDE TOUCH & SWITCH & TAP, KICK & HITCH ( $\frac{3}{4}$ TURN RIGHT), STEP BACK

- 1 Right - step forward
- 2 Left - step forward
- 3 Right - kick forward
- & Right - step backward
- 4 Left - touch toe out to side
- & Left - step together
- 5 Right - touch toe out to side
- 6 Right - tap toe to floor
- 7 Right - kick slightly forward (preparing for turn)
- & Left - pivot on (ball of) left foot,  $\frac{3}{4}$  turn while kicking right foot back
- 8 Right - step backward

## COASTER STEP, SIDE STEP, TOUCH TOGETHER, KNEE ROLL, KICK & CROSS STEP

- 9 Left - step back on (ball of) foot
- & Right - step together on (ball of) foot
- 10 Left - step forward
- 11 Right - step to side
- &12 Left - slide toe towards right, end in a touch
- 13 Left - roll knee inward
- 14 Left - roll knee out
- 15 Left - kick forward
- & Left - step backward
- 16 Right - cross step in front of left foot

**Styling: on the knee roll, push both elbows back fists up in front on 13 and bring fists back crossing right over left on 14**

## KICK & HITCH W $\frac{1}{2}$ TURN RIGHT, JUMP BACK AND OUT, HOLD, HIP BUMPS

- 17 Left - kick slightly forward (preparing for turn)
- 18 Right - pivot on (ball of) foot  $\frac{1}{2}$  turn right, while kicking left foot back
- & Left - step diagonally backward
- 19 Right - step diagonally backward
- 20 Hold
- 21 Right - pop knee out, while bumping right hip right
- 22 Right - pop knee out, while bumping right hip right
- 23 Left - pop knee out, while bumping left hip left
- 24 Left - pop knee out, while bumping left hip left (weight ends on right foot)

## KICK CROSS & TOUCH, KICK CROSS & TOUCH, KICK & BACK & OUT, BODY ROLL

- 25 Left - kick across right foot
- & Left - cross step in front of right foot
- 26 Right - point toe out to side
- 27 Right - kick across left foot
- & Right - cross step in front of left foot
- 28 Left - point toe out to side

- 29 Left - kick forward
- & Left - step diagonally backward
- 30 Right - step diagonally backward
- 31 Body roll up
- 32 Body roll down (weight ends on left foot)

### **REPEAT**

### **TAG**

**After the 3rd and 7th walls of the dance there is an 8 count pause in the music, all you do is:**

- 1-2 Right - step diagonally forward & bump right hip forward twice
- 3-4 Left - shift weight to foot & bump left hip backward twice
- 5-6 Right - step diagonally backward & bump right hip backward twice
- 7-8 Left - shift weight to foot & bump left hip forward twice

### **ENDING**

**On the 14th wall you will dance the first 8 counts before the music will end do the following:**

- 7 Right - cross step in front of left foot
- & Left - step back turning  $\frac{1}{4}$  turn right
- 8 Right - step to side

**This should bring you back to face the front wall**

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