

# Toxic

拍數: 32      牆數: 4      級數: Improver  
編舞者: Steven Coleman (UK)  
音樂: Toxic - Britney Spears



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## GRAPEVINE LEFT, BACK, TURN, STEP, POINT

- 1-2      Step left to left side, step right behind left
- 3-4      Step left to left side making  $\frac{1}{4}$  turn left, tap right toe next to left
- 5-6      Step back on right foot, step forward on left foot making  $\frac{1}{2}$  turn left
- 7-8      Step forward on left, point right toe forward

## STEP, POINT, STEP, POINT, CROSS, TURN, TAP

- 1-2      Step right foot next to left, point left toe back
- 3-4      Step left foot forward making  $\frac{1}{4}$  to left, point right toe to right side
- 5-6      Cross right behind left, step forward on left making  $\frac{1}{2}$  turn to left
- 7-8      Step right foot to right side, tap left foot next to right

## GRAPEVINE LEFT, STEP, STEP

- 1-2      Step left foot to left side, step right left behind left
- 3-4      Step left foot to left side, tap right foot next to left
- 5-6      Step right toe to right side, swing hips to the right while lowering heel to the floor
- 7-8      Step left toe to left side, swing hips to the left while lowering heel to the floor

## BOX, POINT, POINT, SCUFF, STOMP

- 1-2      Step forward right, step forward left
- 3-4      Step back right, step back left
- 5-6      Point right toe forward, point right toe to right side
- 7        Scuff right foot and hitch knee making  $\frac{1}{4}$  turn to the right
- 8        Stomp right foot to the floor

## REPEAT

## TAG

At the end of walls 3, 7, and 9 (dance the tag 5 times at the end of wall 9)

## ROCK, STEP, POINT, POINT

- 1-2      Rock left foot across right, step onto right
  - 3-4      Step forward on left making  $\frac{1}{4}$  turn left, tap right next to left
  - 5-6      Point right toe to right side, tap right toe next to left
  - 7-8      Point right toe to right side, tap right toe next to left
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