

Toxic

拍數: 32 牆數: 4 級數: Improver
編舞者: Steven Coleman (UK)
音樂: Toxic - Britney Spears



GRAPEVINE LEFT, BACK, TURN, STEP, POINT

- 1-2 Step left to left side, step right behind left
- 3-4 Step left to left side making $\frac{1}{4}$ turn left, tap right toe next to left
- 5-6 Step back on right foot, step forward on left foot making $\frac{1}{2}$ turn left
- 7-8 Step forward on left, point right toe forward

STEP, POINT, STEP, POINT, CROSS, TURN, TAP

- 1-2 Step right foot next to left, point left toe back
- 3-4 Step left foot forward making $\frac{1}{4}$ to left, point right toe to right side
- 5-6 Cross right behind left, step forward on left making $\frac{1}{2}$ turn to left
- 7-8 Step right foot to right side, tap left foot next to right

GRAPEVINE LEFT, STEP, STEP

- 1-2 Step left foot to left side, step right left behind left
- 3-4 Step left foot to left side, tap right foot next to left
- 5-6 Step right toe to right side, swing hips to the right while lowering heel to the floor
- 7-8 Step left toe to left side, swing hips to the left while lowering heel to the floor

BOX, POINT, POINT, SCUFF, STOMP

- 1-2 Step forward right, step forward left
- 3-4 Step back right, step back left
- 5-6 Point right toe forward, point right toe to right side
- 7 Scuff right foot and hitch knee making $\frac{1}{4}$ turn to the right
- 8 Stomp right foot to the floor

REPEAT

TAG

At the end of walls 3, 7, and 9 (dance the tag 5 times at the end of wall 9)

ROCK, STEP, POINT, POINT

- 1-2 Rock left foot across right, step onto right
 - 3-4 Step forward on left making $\frac{1}{4}$ turn left, tap right next to left
 - 5-6 Point right toe to right side, tap right toe next to left
 - 7-8 Point right toe to right side, tap right toe next to left
-