

Tour De Country

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 0 級數:
編舞者: Robert C. Weaver (USA)
音樂: Back In Your Arms Again - Lorrie Morgan



RUNNING MAN STEPS & ARM/HAND PULLS

- 1-2 Step right foot forward while extending arms forward; drag right foot back while pulling hands to hips (like rowing a boat)
- 3-4 Step left foot forward while extending arms forward; drag left foot back while pulling hands to hips (like rowing a boat) and lifting right knee
- 5-6 Step right foot forward while extending arms forward; drag right foot back while pulling hands to hips (like rowing a boat)
- 7-8 Step right foot forward while extending arms forward; drag right foot back while pulling hands to hips (like rowing a boat).

RIGHT/LEFT DIAGONAL GRAPEVINES & HEEL BRUSHES

- 9-10 Step right foot diagonally forward right; cross-step left behind right
- 11-12 Step right foot diagonally forward right; brush left heel beside right
- 13-14 Step left foot diagonally forward left; cross-step right behind left
- 15-16 Step left foot diagonally forward left; brush right heel beside left.

FORWARD WALKS & ROCK-STEPS

- 17-18 Walk forward right. Left
- 19-20 Rock-step back onto right foot; step forward onto left
- 21-22 Walk forward right, left
- 23-24 Rock-step back onto right foot; step forward onto left.

FORWARD RIGHT/LEFT SHUFFLES

- 25&26 Step right foot forward; step left together; step right forward
- 27&28 Step left foot forward; step right together; step left forward
- 29&30 Step right foot forward; step left together; step right forward
- 31&32 Step left foot forward; step right together; step left forward.

FRONT/SIDE TOE TOUCHES & RIGHT/LEFT TURNS

- 33-34 Touch right toe forward; touch right toe to right side
- 35-36 Touch right toe behind left heel; pivot ½ turn right shifting weight to right
- 37-38 Touch left toe forward; touch left toe to left side
- 39-40 Touch left toe behind right heel; pivot ½ turn left shifting weight to left.

CHARLESTON KICKS & FRONT/BACK HAND CLAPS

- 41-42 Step right foot forward; kick left foot forward
- 43-44 Step left foot back; touch right toe back & clap behind lower back
- 45-46 Step right foot forward; kick left foot forward & clap in front
- 47-48 Step left foot back; touch right toe back & clap behind lower back.

REPEAT