

Touching & Relaxing

COPPER KNOB
BY STEPHEN METZ

拍數: 48 牆數: 2 級數: Improver
編舞者: Derrick Walker (USA)
音樂: Lullaby - The Chicks



STEP, HOLD, STEP, HOLD, STEP, STEP, ½ TURN STEP, HOLD

1-4 Step forward on right, hold, step forward on left, hold
5-8 Step forward on right, step forward on left, pivot ½ turn left stepping backward on right, hold

STEP, HOLD, STEP, HOLD, STEP, STEP, ½ TURN STEP, HOLD

1-4 Step back on left, hold, step back on right, hold
5-8 Step back on left, step back on right, pivot ½ turn left stepping forward on left, hold

SIDE STEP, CROSS, SIDE SHUFFLE, ¼ TURN STEP, ¼ TURN STEP, ½ TURN STEP, STEP IN PLACE

1-4 Step right to right side, cross left over right, shuffle right-left-right to right side
5-8 Step forward on left making ¼ turn right, step right foot to right making ¼ turn right, step left next to right making ½ turn right, step right in place

SIDE STEP, CROSS, SIDE SHUFFLE, ¼ TURN STEP, ¼ TURN STEP, ½ TURN STEP, STEP IN PLACE

1-4 Step left to left side, cross right over left, shuffle left-right-left to left side
5-8 Step forward on right making ¼ left, step left foot to left making ¼ turn left, step right next to left making ½ turn left, step left in place

½ TURN SHUFFLE, FORWARD SHUFFLE, ½ TURN SHUFFLE, ½ TURN SHUFFLE

1-4 Shuffle right-left-right making ½ turn right, shuffle forward left-right-left
5-8 Shuffle right-left-right making ½ turn left, shuffle left-right-left making ½ turn left

JAZZ BOX W-¼ TURN, HOLD, JAZZ BOX W-¼ TURN, HOLD

1-4 Cross right foot over left, step left foot back, step right foot to right side making ¼ turn right, hold
5-8 Cross left foot over right, step right foot back, step left foot forward making ¼ turn left, hold

REPEAT
