

Totally Crazy

COPPER KNOB
STEPSHEETS

拍數: 40 牆數: 4 級數: Improver
編舞者: Amanda Brown (UK)
音樂: Man! I Feel Like a Woman! - Shania Twain



RIGHT KICK BALL CHANGES TWICE, TOE STRUTS

1&2 Kick right foot forward, step onto ball of left foot, step onto left foot
3&4 Kick right foot forward, step onto ball of left foot, step onto left foot
5-6 Step forward on right toe, snap right heel down clicking fingers
7-8 Step forward on left toe, snap left heel down clicking fingers

ROCK FORWARD, ROCK BACK, SIDE TOE STRUT, ½ TURN SIDE TOE STRUTS

9-10 Rock forward on right, recover weight onto left
11-12 Rock back on right, recover weight onto left
13-14 Step right toe to right side, snap right heel down clicking fingers
15-16 Pivoting a ½ turn right on ball of right step left toe to left side, snap left heel down clicking fingers

CROSS ROCK, RIGHT CHASSE, CROSS ROCK, LEFT CHASSE

17-18 Cross rock right behind left, recover onto left
19&20 Step right to right side, close left next to right, step right to right side
21-22 Cross rock left behind right, recover onto left
23&24 Step left to left side, close right next to left, step left to left side

RIGHT SAILOR STEP, LEFT SAILOR STEP, CROSS, UNWIND, LEFT CHASSE

25&26 Cross right behind left, step left to left side, step right to right side
27&28 Cross left behind right, step right to right side, step left to left side
29-30 Cross right behind left, unwind a ½ turn right
31-32 Step left to left side, close right beside left, step left to left side

CROSS ROCK, ¼ TURN RIGHT SHUFFLE, ROCK FORWARD, LEFT COASTER STEP

33-34 Cross rock right over left, recover onto left
35&36 Step right forward a ¼ turn right, close left next to right, step right forward
37-38 Rock forward on left foot, recover onto right
39&40 Step back on left, step right next to left, step forward on right

REPEAT
