

Totally Awwesome! (What A Feeling)

COPPER **KNOB**
BY STEPSHEETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Alison J. Austerberry (UK)
音樂: Flashdance...What a Feeling - Irene Cara



KICK BALL CHANGE, PRESS/SAILOR TURN, ROCKS FORWARD AND BACK

1&2 Kick right forward slightly diagonal, step right beside left, step left in place
3-4 Pressing right toe diagonally right, transfer weight on to left
5&6 Cross right behind left, stepping left ¼ turn left, step forward right
7-8 Rock forward on left, rock back on right

½ TURN PIVOT, KICK BALL CHANGE, ROCKS FORWARD AND BACK, LEFT SHUFFLE BACK

9-10 Step back on left, making ½ turn left, step right beside left
11&12 Kick left forward, step left beside right, step right in place
13-14 Rock forward on left, step back onto right
15&16 Step back left, close right beside left, step back left

ROCKS BACK AND FORWARD, HIPS SWAYS/PADDLES, ROCK FORWARD AND BACK

17-18 Rock back on right, rock forward on left
19-20 Step right toe forward swaying 1/8 left, step on ball of left
21-22 Step right toe forward swaying 1/8 left, step on ball of left
23-24 Rock forward on right, rock back on left

½ SHUFFLE TURN, ROCKS FORWARD AND BACK, COASTER STEP, HEEL BUMPS

25-26 Shuffle step ½ turn right stepping - right left right
27-28 Rock forward left, rock back on right
29&30 Step back left, step right beside left, step forward left
31&32 Bounce heels one and two

REPEAT

TAG

To be performed once after introduction when she sings "in a world made of steel, made of stone" and twice after completion of first chorus

SIDE TOGETHER, SIDE CLAP, SIDE TOGETHER, SIDE, HITCH

1-2 Step right to right side, step left beside right
3-4 Step right to right side, step left beside right, clap
5-6 Step left to left side, step right beside left
7-8 Step left to left side, hitching right and making ½ turn left

SIDE TOGETHER, SIDE, CLAP, SIDE TOGETHER SIDE, TOUCH

9-10 Side right to right side, step left beside right
11-12 Step right to right side, step left beside right, clap
13-14 Step left to left side, step right beside left
15-16 Step left to left side, touch right beside left