

# Total Chaos X2

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 1      級數: Intermediate dance  
編舞者: Nicole Parsons (USA)  
音樂: Love Train - Big & Rich



**Position: Sweetheart Position**

## ROCK STEP, KICK BALL CHANGE - CROSS & POINT

1-2            Rock right to right side, recover on left  
3&4           Right kick-ball-change - kick right, step right, step left  
5-6           Cross step right over left, point left toe to left side  
7-8           Cross step left over right, point right toe to right side

## SHUFFLE FORWARD, FULL TURN, HOLD

1&2           Shuffle forward right, left, right  
3-4           Step forward on left foot, making  $\frac{1}{2}$  turn right (drop ladies left hand)  
5-6           Step forward on left foot, making  $\frac{1}{2}$  turn right  
7-8           Step forward on left, hold (return to sweetheart hand hold)

## KNEE ROLLS, SYNCOPATED STEPS FORWARD

1-2           Traveling forward with weight on the ball of right foot - step forward right and roll right knee out to right side, take weight on right foot on count 2 (making circle)  
3-4           Step forward on ball of left foot, and roll left knee out to left side, take weight on left foot on count 4  
5            Stomp right foot forward  
6            Hold  
&7           Make a quick step forward bringing left foot behind right, (7) stomp right foot forward  
8&           Hold on count 8, (&) bring left foot behind right

## $\frac{1}{2}$ TURN, $\frac{1}{4}$ TURN, $\frac{1}{4}$ SHUFFLE RIGHT, SHUFFLE LEFT

1-2           Step forward on right, make  $\frac{1}{2}$  turn left (drop ladies right hand to make turns)  
3-4           Step forward on right, make  $\frac{1}{4}$  turn left (weight on left)  
5&6           Making  $\frac{1}{4}$  turn left, shuffle right, left, right (return to sweetheart hand hold)  
7&8           Shuffle forward left, right, left

**REPEAT**

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