

Tossin' N Turnin' (P)

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 0 級數: Partner
編舞者: Dan Albro (USA)
音樂: I'm Gonna Getcha Good! - Shania Twain



Position: Both Facing Forward - Man leads with left, Lady with right; Holding hands; Opposite footwork

STEP BRUSH, FORWARD SHUFFLE, ½ TURN SHUFFLE, ½ TURN SHUFFLE

Man's steps

1-2-3&4 Step forward left, brush right, shuffle right-left-right
5&6 Shuffle left-right-left making a ½ turn right (facing RLOD)
7&8 Shuffle right-left-right making a ½ turn right (facing LOD)

Lady's steps

1-2-3&4 Step forward right brush left shuffle left-right-left
5&6 Shuffle right-left-right making a ½ turn left
7&8 Shuffle left-right-left making a ½ turn left

½ TURN SHUFFLE, COASTER, 2 SHUFFLES WITH LADIES TOSS ACROSS

Man's steps

1&2 Shuffle left-right-left making a ½ turn right (facing RLOD)

Left arm going around back of ladies waist

3&4 Coaster - right foot back, left foot back to right, right foot forward
5&6 Shuffle in place left-right-left (toss the lady across from left side to right side)
7&8 Shuffle in place right-left-right (catch the lady with right arm)

Lady's steps

1&2 Shuffle right-left-right making a ½ turn left (right arm going over mans shoulder)
3&4 Coaster- left foot back, right step next to left, left foot forward
5&6 Shuffle right-left-right going across & in front of man (starting a ½ turn to right)
7&8 Shuffle left-right-left ending on mans right side (completing a ½ turn to right)

2 SHUFFLES TURNING TO FACE LOD, STEP SIDE, TOUCH, ¼ TURN, ¼ TURN

Man's steps

1&2 Shuffle left-right-left starting a ½ turn to right
3&4 Shuffle right-left-right completing a ½ turn to right
5-6-7-8 Step left to side, touch right next to left, step right with a ¼ turn right, step left with a ¼ turn right

Lady's steps

1&2 Shuffle right-left-right starting a ½ turn to right
3&4 Shuffle left-right-left completing a ½ turn to right
5-6-7-8 Step right to side, touch left, step left with a ¼ turn left, step right with a ¼ turn left

2 HIPS IN, 2 HIPS OUT, STEP ¼ TURN, STEP ¼ TURN

Man's steps

1-2-3-4 Bump hips left 2x, bump hips right 2x
5-6-7-8 Step left forward, ¼ right, step left forward, ¼ right

Lady's steps

1-2-3-4 Bump hips right 2x, bump hips left 2x
5-6-7-8 Step right forward, ¼ left, step right forward, ¼ left

REPEAT