

# Tossin' And Turnin'

拍數: 48      牆數: 4      級數: Intermediate waltz  
編舞者: Sandy Kerrigan (AUS)  
音樂: I'll Do the Hurtin' Round Here - Rob Wilson



## LEFT CROSS TWINKLE, CROSS RIGHT OVER LEFT, ¼ RIGHT STEP BACK LEFT, STEP RIGHT TO RIGHT SIDE

1-3      Cross left over right, step right to right side, replace weight to left,  
4-6      Cross right over left, turning ¼ right step back left, step right to right side

## STEP FORWARD, FULL TURN FORWARD LEFT, ROCK FORWARD, REPLACE, STEP BACK

1-3      Step forward left, turning ½ left step back right, ½ left step forward left  
4-6      Rock forward right, replace weight to left, step back right

## LEFT TAP, KICK, STEP BACK LEFT, BACK RIGHT COASTER STEP

1-3      Tap left next to right, kick left forward, step back left  
4-6      Step back right, step left back together, step forward right

## ¼ RIGHT STEP SIDE, BACK ANGLE ROCK, REPLACE, VINE RIGHT SIDE

1-3      ¼ turn right step left to left side, rock back right to face back right 45 degrees, replace weight to left  
4-6      Step right to right, cross left behind right, step right to right side

## CROSS ROCK, REPLACE, STEP SIDE, CROSS, ¼ RIGHT BACK, ¼ RIGHT STEP SIDE

1-3      Rock left over right, replace weight to right, step left to left side  
4-6      Cross right over left, ¼ right step back left, ¼ right step right to right side

## LEFT TAP, ROLLING VINE TO LEFT SIDE, CROSS BEHIND, POINT LEFT TOE SIDE

1-3      Tap left next to right (angle body right) ¼ left step forward left, ½ left step back right, (travel left side)  
4-6      ¼ left step left to left side, cross right behind left, point left to left side

## LEFT SAILOR, ROCK BACK RIGHT, REPLACE, ¼ LEFT STEP BACK RIGHT

1-3      Cross left behind right, step right to right to side, replace weight to left side  
4-6      Rock back right to face front right 45 degrees angle, replace weight to left, ¼ turn left step back right

## BACK LEFT COASTER, STEP FORWARD RIGHT, FULL TURN FORWARD RIGHT

1-3      Step back left, step back right together, step forward left  
4-6      Step forward right, ½ turn right step back left, ½ turn right step forward

## REPEAT

## RESTART

On left side wall facing 9:00 (wall 2) leave off the last 12 counts. Restart on the same wall. This also happens on the right side 3:00 (wall 5) and 12:00 (wall 7)

## ENDING

Last wall starts facing the back. Do the first 6 counts and wait until after Rob sings "Hurtin around here" when all the instrumentals join in continue the dance with full turn forward left