

# Tore Up

拍數: 64      牆數: 4      級數: Intermediate/Advanced  
編舞者: Lisa Thunstrom (AUS) & Ben Kelly  
音樂: Tore Up from the Floor Up - Wade Hayes



## LOCK, SCUFF, LOCK, TURN

1-4            Step forward on left, lock right behind left, step forward on left, scuff right next to left  
5-8            Step forward on right, lock left behind, turning  $\frac{1}{2}$  turn to the left step back on right, left together (weight on left)

## BACK, FORWARD, STOMP, CLAP, SHUFFLE, TURN $\frac{3}{4}$

9-10          Jump back on to right and kick left forward, jump forward on to left  
11-12         Stomp right together, clap  
13-14         Shuffle forward left-right-left  
15-16         Step right forward & pivot  $\frac{3}{4}$  turn to the left (weight on left)

## ROCK, COASTER, SCUFF-SCOOT, ROCK

17-18         Rock forward on right, rock back on left  
19-20         Step back on right, left together, forward on right (coaster step)  
21-22         Scuff left next to right, hitch left knee up & scoot forward on right  
23-24         Rock forward on left, back on right, click right hand at eye level & look

## SHUFFLE, TURN $\frac{1}{4}$ , SHUFFLE, KICK, KICK, BALL CHANGE

25-26         Shuffle back left-right-left turning  $\frac{1}{2}$  turn to the right on ball of left foot  
27-28         Shuffle forward right-left-right  
29-30         Step forward on left, kick right forward  
31-32         Kick right forward, right ball change

## HEEL, BRUSH, HEEL, TURN & SLAP (TWICE)

33-34         Right heel at 45 degrees, brush right heel up to left knee  
35             Right heel at 45 degrees  
36             Turn  $\frac{1}{4}$  turn to the left stepping right heel behind with right hand  
37-40         Repeat last 4 steps

## HEEL, TOE (TWICE)

41             Jump back on right with left heel forward at 45 degrees  
42             Jump back on left with right toe tap behind  
43-44         Turning  $\frac{1}{4}$  turn to the left repeat last two beats

## SCUFF-SCOOT X 2, STOMP-CLAP

45&          Scuff right next to left, hitch right knee up & scoot left slightly forward  
46&          Scuff right next to left, hitch right knee up & scoot left slightly forward  
47&          Scuff right next to left, hitch right knee up & scoot left slightly forward  
48&          Stomp right foot beside left twice while clapping twice

## ROLL $\frac{3}{4}$ , VINE, STOMP

49-52         Rolling vine right (completing  $\frac{3}{4}$  turn to the right) right-left-right-left  
53-56         Vine right, stomping left to side on 4th beat

## OUTBACK, HEEL, BRUSH, HEEL

57-58         Raise right heel behind & slap with left hand (outback), right heel at 45  
59-60         Brush right heel up to left knee, right heel at 45 degrees

**SCUFF-SCOOT BACK, STOMP, STOMP**

61-62 Scuff right toe backwards, scoot left back

63-64 Stomp right, stomp left together

**REPEAT**

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