

# Tore Up

拍數: 64      牆數: 4      級數: Intermediate/Advanced  
編舞者: Lisa Thunstrom (AUS) & Ben Kelly  
音樂: Tore Up from the Floor Up - Wade Hayes



## LOCK, SCUFF, LOCK, TURN

1-4            Step forward on left, lock right behind left, step forward on left, scuff right next to left  
5-8            Step forward on right, lock left behind, turning ½ turn to the left step back on right, left together (weight on left)

## BACK, FORWARD, STOMP, CLAP, SHUFFLE, TURN ¾

9-10          Jump back on to right and kick left forward, jump forward on to left  
11-12        Stomp right together, clap  
13-14        Shuffle forward left-right-left  
15-16        Step right forward & pivot ¾ turn to the left (weight on left)

## ROCK, COASTER, SCUFF-SCOOT, ROCK

17-18        Rock forward on right, rock back on left  
19-20        Step back on right, left together, forward on right (coaster step)  
21-22        Scuff left next to right, hitch left knee up & scoot forward on right  
23-24        Rock forward on left, back on right, click right hand at eye level & look

## SHUFFLE, TURN ¼, SHUFFLE, KICK, KICK, BALL CHANGE

25-26        Shuffle back left-right-left turning ½ turn to the right on ball of left foot  
27-28        Shuffle forward right-left-right  
29-30        Step forward on left, kick right forward  
31-32        Kick right forward, right ball change

## HEEL, BRUSH, HEEL, TURN & SLAP (TWICE)

33-34        Right heel at 45 degrees, brush right heel up to left knee  
35            Right heel at 45 degrees  
36            Turn ¼ turn to the left stepping right heel behind with right hand  
37-40        Repeat last 4 steps

## HEEL, TOE (TWICE)

41            Jump back on right with left heel forward at 45 degrees  
42            Jump back on left with right toe tap behind  
43-44        Turning ¼ turn to the left repeat last two beats

## SCUFF-SCOOT X 2, STOMP-CLAP

45&          Scuff right next to left, hitch right knee up & scoot left slightly forward  
46&          Scuff right next to left, hitch right knee up & scoot left slightly forward  
47&          Scuff right next to left, hitch right knee up & scoot left slightly forward  
48&          Stomp right foot beside left twice while clapping twice

## ROLL ¾, VINE, STOMP

49-52        Rolling vine right (completing ¾ turn to the right) right-left-right-left  
53-56        Vine right, stomping left to side on 4th beat

## OUTBACK, HEEL, BRUSH, HEEL

57-58        Raise right heel behind & slap with left hand (outback), right heel at 45  
59-60        Brush right heel up to left knee, right heel at 45 degrees

**SCUFF-SCOOT BACK, STOMP, STOMP**

61-62 Scuff right toe backwards, scoot left back

63-64 Stomp right, stomp left together

**REPEAT**

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