

Top This

拍數: 56 牆數: 4 級數: Improver
編舞者: Carol Tavener (USA)
音樂: Rocky Top - The Osborne Brothers



TOE HEEL STRUTS WITH MONTEREY

- 1-2 Right toe touch forward, step down on heel
- 3-4 Left toe forward, step down on heel
- 5-6 Touch right toe to right, ½ turn to right stepping right next to left
- 7-8 Touch left toe to left, step left foot next to right
- 9-16 Repeat above 8 steps

TRAVELING VINES WITH TRIPLE STEPS

- 1-2 Step left foot to left, step right foot behind left
- 3-3 Step left foot to left, step right foot over left
- 5-4 Step left foot to left, step right foot behind left
- 7&8 Left right left triple steps in place
- 25-32 Repeat above 8 steps except to the right

FORWARD DIAGONAL HOPS WITH CLAPS

- & Hop forward left diagonally on left foot
- 1-2 Close right foot next to left, clap hands
- & Hop forward left diagonally on left foot
- 3-4 Close right foot next to left, clap hands
- & Hop forward right diagonally on right foot
- 5-6 Close left foot next to right, clap hands
- & Hop forward right diagonally on right foot
- 7-8 Close left foot next to right, clap hands

SYNCOPATED STEPS WITH ½ TURN

- &1 Step back on right foot, touch left heel forward
- &2 Step left foot home, touch right toe next to left foot
- &3 Step back on left foot, touch right heel forward
- &4 Step right foot home, touch left toe next to right foot
- 5-6 Kick right foot to right side, cross right over left
- 7 Unwind doing a ½ turn left
- &8 Clap 2 times quickly

HIPS WITH KICK BALL CHANGE AND STEP TURN

- 1-2 Step right foot forward with 2 hip bumps right
- 3-4 Back on left for 2 hip bumps left
- 5&6 Kick ball change right
- 7-8 Step right foot forward, turn ¼ turn left

REPEAT