

Top Gear

COPPER KNOB
BY STEPHEN

拍數: 34 牆數: 1 級數: Improver
編舞者: William Sevone (UK)
音樂: Kick It Into Gear - Jennifer Paige



Dance starts on the 12th count after the drums come in - and just prior to the main vocals

2X DOUBLE KICK-TRIPLE STEP (WITH EXPRESSION) (12:00)

1-2 (Turn upper body diagonal left) kick right foot forward (12:00), repeat kick
3&4 Triple step (cha-cha-cha) on spot stepping right, left-right
5-6 (Turn upper body diagonal right) kick left foot forward (12:00), repeat kick
7&8 Triple step (cha-cha-cha) on spot stepping left, right-left

2X FORWARD SHUFFLE (WITH EXPRESSION), STEP FORWARD, PIVOT ½ LEFT, STEP FORWARD TURN ½ LEFT (12:00)

9&10 (Turn upper body diagonal left) shuffle forward stepping right, left-right
11&12 (Turn upper body diagonal right) shuffle forward stepping left, right-left
13-14 Step forward onto right foot, pivot ½ left (weight on left foot)
15-16 Step forward onto right foot, turn ½ left & step backward onto left foot

2X BACK SHUFFLE (WITH EXPRESSION), STEP BACK, TURN ½ RIGHT, PIVOT ½ RIGHT, STEP FORWARD, (12:00)

17&18 (Turn upper body diagonal right) shuffle backward stepping right, left-right
19&20 (Turn upper body diagonal left) shuffle backward stepping left, right-left
21-22 Step backward onto right foot, turn ½ right & step forward onto left foot
23-24 Pivot ½ right (weight on right foot), step forward onto left foot

2X KICK BALL STEP-TURN ¼ RIGHT (WITH EXPRESSION)-TURN ¼ LEFT, WALK FORWARD: RIGHT-LEFT (12:00)

25&26 Kick right foot forward, step right foot next to left, step slightly forward onto left foot
27-28 Pivot ¼ right dipping slightly, straightening up turn ¼ left
29&30 Kick right foot forward, step right foot next to left, step slightly forward onto left foot
31-32 Pivot ¼ right dipping slightly, straightening up - turn ¼ left
33-34 Walk forward (short steps): right, left

REPEAT

To create a four wall dance simply do the following:

33-34 Step forward onto right foot, pivot ¼ left (weight on left foot)

To adapt the dance to fit phrased 32 count music - simply remove counts 33 and 34, but remember,, in doing so it will remain a one wall dance