

Too Much

拍數: 32 牆數: 4 級數: Improver
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音樂: Too Much - Big Blue Hearts



STEP, CROSS, STEP, TOUCH, STEP, CROSS, STEP, TOUCH

- 1-2 Step left on left foot, cross right over left and step on right
3-4 Step left on left foot, cross right over left and touch right on a diagonal

As you do these first four counts, instead of traveling straight to the left, curve your movement forward creating ¼ of a semi-circle. Your body will end up facing 2:00

- 5-6 Step right on right foot, cross left over right and step on left
7-8 Step right on right foot, cross left over right and touch left on a diagonal

As you do these last four counts, instead of traveling straight to the right, curve your movement forward creating ¼ of a semi-circle. Your body will end up facing 10:00. By the time you have completed the first 8 counts, you will have moved in a full semi-circle, traveling from left to right

STEP, ¾ SPIRAL TURN, HOLD, WALK, STEP FORWARD, ½ TURN, ½ TURN & SWEEP

- 1-2 Step on the left foot in place, with weight on the left foot pivot ¾ turn right hooking right foot in front of left

You will end up facing 9:00 the first time through

- 3-4 Hold, walk forward on right foot
5-6 Step forward on left foot, ½ turn pivot to the right with right foot taking weight
7 On the ball of right foot pivot ½ turn right and close left foot with right. Left foot takes weight. As you do this, begin sweeping right foot around
8 Complete sweep taking right foot back

STEP BEHIND, POINT, STEP BEHIND, POINT, STEP BEHIND, POINT, SWEEP WITH A ¼ TURN COASTER STEP

- 1-2 Step on right foot behind left, point left foot to left side
3-4 Step on left foot behind right, point right foot to right side
5-6 Step on right foot behind left, point left foot to left side

While doing counts 1-6, travel backwards

- 7 Sweep the left foot around and back as you ¼ turn left and begin coaster step, stepping on the left foot
&8 Step right foot together with left, step forward on the left foot

WALK, HOLD, WALK, HOLD, STEP, ½ PIVOT, ¼ TURN, TOUCH

- 1-2 Walk forward on the right foot, hold
3-4 Walk forward on the left foot, hold
5-6 Step forward on the right foot, pivot a ½ turn with left foot taking weight
7-8 On the ball of left foot do a ¼ turn left and step on the right foot, touch the left foot diagonally while crossing over the right foot

REPEAT