

拍數: 64 牆數: 4 級數: Intermediate/Advanced

編舞者: The Kids

音樂: Too Lazy to Work, Too Nervous to Steal - BR5-49



STOMP, SLAP, STOMP, SLAP, STOMP, CLAPS TWICE

1&2&3&4 Stomp right to right side, slap thighs with both hands, stomp left to left side, slap thighs with

both hands, stomp right to right side, clap hands twice

5&6&7&8 Stomp left to left side, slap thighs with both hands, stomp right to right side, slap thighs with

both hands, stomp left to left side, clap hands twice

SIDE, ROCK, BEHIND TWICE, BALL STEP, HEEL TWIST TWICE

1&2-3&4 Step right to right side, rock/replace to left, step right behind left, step left to left side,

rock/replace to right, step left behind right

&5&6 Step ball of right beside left, step forward on left heel, (with weight. On left heel & ball of right)

twist right heel towards left heel, twist right heel to center (end weight. On right)

&7&8 Step ball of left beside right, step forward on right heel, (with weight. On right heel & ball of

left) twist left heel towards right heel, twist left heel to center (end weight. On left)

BALL STEP, HEEL TWIST, BALL STEP 1/4 TURN LEFT, SHUFFLE LEFT, HOLD, BALL STEP

&1&2 Step ball of right beside left, step forward on left heel, (with weight. On left heel & ball of right)

twist right heel towards left heel, twist right heel to center (end weight. On right)

&3-4 Step ball of left beside right, step forward on right turning 1/4 turn left, slide left to right (keep

weight on right)

5&6-7&8 Shuffle to left stepping left, right, left, hold, step ball of right beside left, step forward on left

HITCH, STEP BACK, HITCH, SHUFFLE BACK 1/4 TURN RIGHT, ROCK/REPLACE, COASTER STEP 1/4 TURN LEFT

&1-2&3&4 Hop on left while hitching right knee, step right back at 45 degrees right, slide left beside

right, hop on left while hitching right knee, step back on right at 45 degrees right, step left

beside right, step back on right turning 1/4 turn right

5-6-7&8 Rock/step forward on left, rock/replace weight on right, step back on left, step right beside

left, turning ¼ turn left step forward on left

Option for counts 7&8: 1 1/4 turn left stepping left, right, left

SHUFFLE ½ TURN LEFT TWICE, PIVOT ¼ TURN LEFT, CROSS, ¼ RIGHT, ¼ RIGHT

1&2-3&4 Shuffle forward right, left, right turning ½ turn left, shuffle back left, right, left turning ½ turn

left

5-6-7&8 Step forward on right, turn 1/4 turn left stepping on left to left side, cross step right over left,

turning ¼ turn right step back on left, turning ¼ turn right step right to right side

HIP BUMPS

1-4 Bump hips to left, bump hips left, bump hips right, bump hips left
5-8 Bump hips to right, bump hips right, bump hips left, bump hips right

LEFT SAILOR, RIGHT SAILOR 1/4 TURN, HOP BACK WITH TOE TAPS, STEP, HEEL

1&2-3&4 Cross/step left in behind right, step right to right side, step left to left side, cross/step right in

behind left, step left to left side, turn 1/4 turn right stepping forward on right

5-6-7&8 Hop back on right tapping left toe back behind right foot, repeat two more times, step ball of

left beside right, touch right heel to right side

TOUCH HEEL FORWARD, 1/4 TURN LEFT WITH HEEL SLAPS X 4

1-2 Touch right heel forward, turning ¼ turn left on ball of left foot slap outside of right heel with

right hand

3-8 Repeat 3 more times

REPEAT

FINISH

On wall 8, after the left shuffle, turn ½ turn right stepping forward on right & stomp left beside right.