Too Hip, Gotta' Go

級數: Improver line/contra dance

編舞者: Charlotte Skeeters (USA)

音樂: Too Hip, Gotta Go - Stray Cats

This dance is counted in half time. Music count 1-2-3-4, 5-6-7-8 Step count 1-&-2 -, 3-&-4 -

拍數: 32

HITCH, STEP, STRIDE, HITCH, STEP, STRIDE, AND JAZZ BOX:

(Optional arms on counts &2,&4-arms and palms down, crossed in front on &, fan arms out to sides, left to left, right to right on 2, repeat for &4)

- 1& Hitch right knee up at slight angle left; right step next to left
- 2 Left step/stride long side left (right stays in place)
- 3&4 Repeat 1&2
- 5-6 Right cross-step over left; left step back(bend forward at waist)
- 7 Right step side & back right (parallel to left, straighten up)
- 8 Left touch side left

HITCH, STEP, STRIDE, HITCH, STEP, STRIDE, AND JAZZ BOX:

(Optional arms same as previous &2,&4)

- 1& Hitch left knee up at slight angle right; left step next to right
- 2 Right step/stride long side right (left stays in place)
- 3&4 Repeat 1&2
- 5-6 Left cross-step over right; right step back (bend forward at waist)
- 7 Left step side & back left (parallel to right, straighten up)
- 8 Right touch next left

FORWARD, LOCK, FORWARD, TURN, TURN, FORWARD:

- 1&2 Right step forward; left cross-step (lock) behind right; right step forward
- 3& Left step forward into ½ turn right; right step back into ½ turn right
- 4 Step left forward

1/2 PIVOT, FORWARD, RUN, RUN, RUN:

- 5-6 Pivot ¹/₂ turn right (transfer weight to right); left step forward
- 7&8 Run forward right; left; right

(If you are doing contra-line, hi-five the people on both sides as you pass on the run, run, run)

STEP, SLIDE, STEP, SLIDE, ¼ LEFT, FORWARD:

- 1& Left step side left (keep right in place); right slide next to left (transfer weight to right, for styling use hips)
- 2& Repeat 1&
- 3-4 Left step into ¼ turn left; right step forward

1/2 PIVOT, FORWARD, BRUSH, 1/2 RIGHT & CLAP, STOMP:

- 5-6 Pivot ¹/₂ turn left (transfer weight to left); right step forward
- 7& Left brush forward; hitch left knee as you pivot ¼ turn right & clap
- 8 Left stomp side left (feet end shoulder distance apart)

REPEAT

ENDING: At the end of the song, you will have finished a jazz box with a right touch (the 16th count of the dance). There is one more beat of music (a guitar strum), with this final beat, stride forward on right as you fan arms out to sides with palms down.





牆數:1