Ton Of Love

拍數: 64

級數: Improver



音樂: Ton of Love - Chris Cagle

ROCK & CROSS, CHASSE LEFT, CROSS ROCK TURN, LOCK SHUFFLE FORWARD

- 1-8 Rock right to right side, recover weight on left, cross right over left, hold for 1 count, step left to left side, step right next to left, step left to left side, hold
- 9-16 Rock right over left, recover weight on left, 1/4 turn right stepping forward on right, hold, lock shuffle forward by stepping left forward, locking right behind left, stepping forward on left, hold

HALF PIVOT TURNS TWICE, HIP BUMP STEP DRAG TWICE

- 17-24 Step forward on right, half turn left stepping onto left, step forward on right, hold, step forward on left, half turn right stepping onto right, step forward on left, hold
- 25-32 Rock hips right & left on counts 25-26, step forward on right diagonal right dragging left in to meet right (27), hold (28), repeat on left

ROCK, SLIDE HITCH HOLD, LOCK SHUFFLE STEP FORWARD, TWICE

- Rock forward on right, step back on left, slide right back toward left, hitching to left shin, hold, 33-40 lock shuffle step forward by stepping forward on right, locking left behind right, stepping forward on right, hold
- 41-48 Repeat on reverse

ROCK ½ TURN, STEP QUICK QUICK SLOW TWICE

49-56 Rock forward on right, recover weight on left & at same time swivel turn half right stepping onto right hold, big step forward on left, step right next to left, big step forward on left hold

57-64 Repeat above 8 counts

REPEAT





牆數: 4