

# Tomato Saucy

拍數: 0      牆數: 4      級數: Improver  
編舞者: Nosmo King (UK)  
音樂: Aserejé (The Ketchup Song) - Las Ketchup



Sequence: AAB, AAB, BB, AA

## PART A

### MAMBO FORWARD, SIDE SHUFFLE, BACK SIDE

1&2      Step forward on right, step left in place, step back on right  
3&4      Step left to left side, step right to left, step left to left side  
5-6      Rock right behind left, recover onto left  
7-8      Step right to right side, step left behind right

### ¼ TURN SHUFFLE FORWARD ROCK ¾ TURN SHUFFLE SIDE BACK

1&2      Step on right making ¼ turn right, step left in place, step on right  
3-4      Rock forward on left, recover on right  
5&6      Make ¾ turn to left on left, right, left  
7-8      Step right to right side, step back on left

### CROSS SHUFFLE, ROCK AND CROSS, STEP BACK, ¼ TURN

1&2      Cross right over left, step left to left side, cross right over left  
3&4      Step left to left side, step back on right, cross left over right  
5-6      Step right to right side, step back on left  
7-8      Step back on right with ¼ turn left, step back on left

### HIP BUMPS FORWARD SHUFFLE ½ TURN STEP

1&2      Bump hips left, right, left, (stick bum out)  
3-4      Step forward on right, step left beside right  
5&6      Shuffle forward on right, left, right  
7-8      Step forward on left making ½ turn right, step forward on right

### HIP BUMPS FORWARD SHUFFLE ½ TURN TOUCH

1&2      Bump hips left, right, left, (stick bum out)  
3-4      Step forward on right, step left beside right  
5&6      Shuffle forward right, left, right  
7-8      Step forward on left making ½ turn right, touch right beside left

## PART B

### ROCK & CROSS TWICE, STEP ½ TURN, MAMBO FORWARD, MAMBO BACK

1&2      Step right to right side, step left in place, cross right over left  
3&4      Step left to left side, step right in place, cross left over right  
5-6      Step forward on right making ½ turn left, step left in place  
7&8      Step forward on right, step left in place, step back on right  
9&10      Step back on left, step right in place, step forward on left