

Together We Are One

COPPER KNOB
STEPSHEETS

拍數: 0 牆數: 4 級數: Intermediate
編舞者: Geri Morrison (UK)
音樂: Together We Are One - Delta Goodrem



Sequence: AAB AAB A(1-24), A to the end of dance
Big thanks to Rick for putting me on to this lovely piece of music

PART A

CROSS RECOVER & TRIPLE TURN LEFT, CROSS RIGHT, MONTEREY TURN, POINT HITCH POINT

- 1-2 Cross left over right, recover weight on right
& Step left ¼ turn left
3&4 Triple ¾ turn left stepping right, left, right, (12:00)
5 Cross left over right
6&7 Point right to right, make ½ turn right stepping right next to left, point left to left
& Bring left beside right
8&1 Point right to right side, hitch right next to left, step right to right side

CROSS ROCK & RECOVER, CROSS ROCK & RECOVER & ROCK BACK RECOVER, PIVOT ½ TURN RIGHT, LEFT LOCK STEP

- 2&3 Cross left over right, recover weight on right, step left to left side
4&5 Cross right over left, recover weight on left, step right to right side
6& Rock back on left, recover weight on right
7& Step forward on left, make ½ turn right stepping forward on right
8&1 (Left lock step) step left forward, lock right behind left, step forward on left, (12:00)

Alternative: on 8&1 full triple turn right traveling forward left, right, left

SYNCOPATED JAZZ BOXES TRAVELING BACK, SWAY RIGHT, LEFT, ¼ TURN COASTER STEP

- 2&3 Cross right over left, step back on left, step right to right slightly back
& Cross left over right
4& Step back on right, step left next to right
5 Step right to right side swaying right
6 Sway left making a ¼ turn right
7&8 Right coaster step

½ TURN BACK TOGETHER, BACK KICK, BACK KICK, BEHIND SIDE IN FRONT, SWEEP CROSS SIDE BEHIND SWEEP BEHIND SIDE

- 1&2 Make ½ turn right, stepping back left, right, left, and as you take weight on left make a small kick forward on right
3 Step back on right make a small kick forward on left at the same time
4&5 Cross left behind right, step right to right, step left in front of right
6&7 Sweep right from back to front, (weight on right) step left to left, step right behind left
8& Sweep left from front to back, (weight on left) step right to right

PART B

CROSS SHUFFLE, SWEEP, CROSS SHUFFLE, SWEEP, STEP LEFT, SWEEP, STEP RIGHT, PIVOT ½ TURN RIGHT

- 1&2 Left cross shuffle left, right, left, (traveling slightly forward diagonally)
& Sweep right from back to front
3&4 Cross shuffle right, left, right, (traveling slightly forward diagonally)
& Sweep left from back to front
5 Step forward on left

&	Sweep right from back to front
6	Step forward on right
7&8	Step forward on left, pivot ½ turn right taking weight on right, step forward on left

CROSS SHUFFLE, SWEEP, CROSS SHUFFLE, SWEEP, STEP RIGHT, SWEEP, STEP LEFT, PIVOT ½ TURN LEFT

1&2	Right cross shuffle (right, left, right) (traveling slightly forward diagonally)
&	Sweep left from back to front
3&4	Left cross shuffle (left, right, left) (traveling slightly forward diagonally)
&	Sweep right from back to front
5	Step forward on right
&	Sweep left from back to front
6	Step forward on left
7&8	Step forward on right, pivot ½ turn left taking weight on left, step forward on right

PADDLE FULL TURN, SWAY FORWARD, SWAY BACK, SAILOR STEP

1&	Make a ¼ turn left stepping on left, step right next to left
2&	Make ¼ turn left stepping on left, step right next to left
3&	Make a ¼ turn left stepping on left, step right next to left
4	Make a ¼ turn left stepping forward on left
5-6	Sway forward as you step diagonally right, recover weight on left swaying left
7&8	(Right sailor step) sweep right behind left, step left to left, step right in place
