

Today

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Dennis Dryden (UK)
音樂: Today - Raul Malo



WALK FORWARD/FORWARD RIGHT-LEFT, PIVOT TURN ½ LEFT RIGHT-LEFT-RIGHT, SIDE-BEHIND-SIDE, SIDE-BEHIND-SIDE

1-2 Forward right-left
3&4 Forward right pivot turn ½ left, forward left-right
5&6 Side left, right behind left, side left
7&8 Side right, left behind right, side right
9-16 Repeat 1-8 (opposite feet)

CROSS/TURN-SIDE-REPLACE, CROSS-SIDE-REPLACE, CROSS/TURN-SIDE-REPLACE, CROSS-SIDE-CROSS

1&2 Cross right in front of left turning ¼ right, side left, replace onto right
3&4 Cross left in front of right, side right, replace onto left
5&6 Repeat 1 & 2
7&8 Cross left in front of right, side right, cross left over right

SIDE-CROSS, SIDE TURNING ¼ LEFT, KICK-BALL-CHANGE, TRIPLE TURN ½ RIGHT (TWICE)

&1-2 Side right, cross left over right, side right turning ¼ left
3&4 Kick left foot forward, step back left, step forward right
5&6 Forward left, close right to left, back left (turning ½ right overall)
7&8 Back right, close left to right, forward right (turning ½ right overall)

REVERSE SAMBA BASICS (TWICE)

1&2 Forward left, close right to left, replace weight onto left
3&4 Back right (turning ¼ left), close left to right, replace weight onto right
5-8 Repeat 1-4

VOLTAS

1&2 Cross left over right, step side right, cross left over right (turning ¼ left overall)
&3&4 Side right, cross left over right, step side right, cross left over right (turning ¼ left overall)
&5&6 Swing right foot out, cross right over left, step side left, cross right over left (turning ¼ right overall)
&7&8 Side left, cross right over left, step side left, cross right over left (turning ¼ right overall)

On 4th (9:00) wall first time only, start again (after adding side left to the end of the above line)

REVERSE SAMBA BASICS (TWICE)

1&2 Forward left, close right to left, replace weight onto left
3&4 Back right (turning ¼ left), close left to right, replace weight onto right
5-8 Repeat 1-4

VOLTAS

1&2 Cross left over right, step side right, cross left over right (turning ¼ left overall)
&3&4 Side right, cross left over right, step side right, cross left over right (turning ¼ left overall)
&5&6 Swing right foot out, cross right over left, step side left, cross right over left (turning ¼ right overall)
&7&8&8 Side left, cross right over left, step side left, cross right over left (turning ¼ right overall), side left

REPEAT

Sequence of walls in terms of a clock face will be 12 - 3 - 6 - 9 - 6 - 9 - 12 - finish.
