

To The Rock

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate east coast swing
編舞者: Rosie Multari (USA)
音樂: I Go to the Rock - Scooter Lee



First Place at the Line Dance Showdown in MA, 2007

BASIC CHA

1&2 Step right forward, step left together, step right forward
3-4 Rock left forward, recover onto right
5&6 Step left back, step right together, step left back
7-8 Rock right back, recover to left

LINDY RIGHT, KICK BALL CROSS, KICK BALL CHANGE

1&2 Step right to side, step left together, step right to side
3-4 Rock left back, recover to right
5&6 Kick left forward, step left together, cross right over left
7&8 Kick left forward, step left together, cross right over left

BASIC CHA, LINDY LEFT, KICK BALL CROSS, KICK BALL CHANGE

1-16 Repeat first 16 counts, leading with left foot

2 STOMPS, BOOGIE WALKS

1-2 Stomp right diagonally forward, hold

Both hands downward

3-4 Stomp left diagonally forward, hold

Both hands downward

5-6 Step right forward (bend knees slightly), step left forward

Knees still bent raising both hands higher with each step

7-8 Step right forward (straighten knees), step left forward

Raise both hands higher with each step

2 TURNS WITH CLAPS

1-4 Step right forward, clap (up to the right), turn ½ left (weight to left), clap (down to the left)

5-8 Step right forward, clap (up to the right), turn ¼ left (weight to left), clap (down to the left)

SHUFFLES FORWARD, ROCK STEPS

1&2 Step right forward, step left together, step right forward

3&4 Step left forward, step right together, step left forward

5-6 Rock right forward, recover to left

7-8 Rock right to side, recover to left

BEHIND SIDE ROCK RECOVER 4X, TRAVELING BACK

1&2 Cross right behind left, rock left to side, recover to right

3&4 Cross left behind right, rock right to side, recover to left

5&6 Cross right behind left, rock left to side, recover to right

7&8 Cross left behind right, rock right to side, recover to left

REPEAT

OPTIONAL ENDING

Dance is only done 5 times so to remain on front wall, substitute 2 half turns in section 6. Continue dance to

end then repeat sections 7 and 8

During the basic cha 8s you can substitute chase turns for the rock steps

Final 8 can be sailor steps or shuffles, traveling back

To protect knees, keep the steps small on the final 8

Special thanks to Rob Fowler for inspiring my last 8 counts. Imitation is the most sincere form of flattery!
