

# To The Rescue

**COPPER** KNOB  
STEPSHEETS

拍數: 62      牆數: 4      級數: Intermediate  
編舞者: Glennis Robb (UK)  
音樂: Sun Is Shining - Bob Marley



## **SIDE STEP TOGETHER, CHASSE, ROCK STEP, ½ TURN TRIPLE STEP**

1-2            Step to the right onto the right foot, bring left foot next to it  
3&4            Side chasse to the right  
5-6            Left over right rock step  
7&8            ½ turn triple step to the left

## **SIDE STEP TOGETHER, CHASSE, ROCK STEP, ½ TURN TRIPLE STEP**

9-16            Repeat as above section 1-8

## **HEEL SWITCHES, HOLD AND CLAP, KICK SIDE ROCK, SAILOR SHUFFLE**

17&18          Right heel dig in front, weight on left foot jump switch left heel, dig in front weight on right foot  
19&20          Jump switch weight back onto the left foot, right heel dig in front, hold and clap  
21&22          Kick right foot across in front of left, quick rock side right onto the right foot and then side left onto the left foot  
23&24          Right behind left sailor shuffle

## **HEEL SWITCHES, HOLD AND CLAP, KICK SIDE ROCK, SAILOR SHUFFLE**

25&26          Left heel dig in front, weight on right foot, jump switch right heel dig in front weight on left foot  
27&28          Jump switch weight back onto right foot, left heel dig in front, hold and clap  
29&30          Kick left foot across in front of right, quick rock side left onto the left foot and then side right onto the right foot  
31&32          Left behind right sailor shuffle

## **ROCK STEP, TRIPLE STEP, MAMBO ROCK FORWARD AND BACK**

33-34          Rock forward onto the right foot, and back onto the left  
35&36          ½ turn triple step over the right shoulder 37&38 forward left mambo rock  
39&40          Back right mambo rock

## **ROCK STEP, TRIPLE STEP, MAMBO ROCK FORWARD AND BACK**

41-42          Rock forward onto the left foot, and back onto the right  
43&44          ½ turn triple step over the left shoulder  
45&46          Forward right mambo rock  
47&48          Back left mambo rock

## **SIDE CHASSE ¼ TURN, ½ PIVOT TURN, ½ TURN TRIPLE STEP, ½ TURN, STEP FORWARD**

49&50          Side chasse to the right making a ¼ turn to the right  
51-52          ½ pivot turn to the right  
53&54          ½ turn triple step over the right shoulder  
55&56          Keeping the weight on the left foot make ½ turn over the right shoulder stepping onto the right foot, then step forward onto the left foot

## **KICK BALL POINTS, SAILOR SHUFFLES**

57&58          Kick right foot in front, ball change weight onto the right foot, touch left toe out to the left side  
59&60          Kick left foot in front, ball change weight onto the left foot, touch right toe out to the right side  
61&62          Right behind left sailor shuffle 63&64 left behind right sailor shuffle

**REPEAT**

