

# To The Limit

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Andy Williams (USA)  
音樂: Push It to the Limit - Corbin Bleu



## MAMBO CROSS TWICE, ROCK, RECOVER $\frac{3}{4}$ TURN

1&2      Rock out right to side, recover left, cross right over left  
3&4      Rock left to side, recover right, step left forward  
5-6      Rock right forward, recover left  
7&8      Turning  $\frac{3}{4}$  right, shuffle right, left, right

## SIDE, RECOVER, CROSS SHUFFLE, BACK MAMBO, STEP PIVOT $\frac{1}{2}$

1-2      Rock side left, recover right  
3&4      Cross shuffle, left, right, left  
5&6      Rock back right, recover left, step forward right  
7-8      Step forward left, pivot  $\frac{1}{2}$  right. Weight forward on right

## ROCKING CHAIR, SHUFFLE FORWARD, KICK AND POINT TWICE

1&2&      Rock forward left, recover to right, rock back left, recover right  
3&4      Shuffle forward, left, right, left  
5&6      Kick right, step down, point left to side  
7&8      Kick left, step down, point right to side

## CROSS, BACK, COASTER STEP, STEP, PIVOT, STEP, PIVOT, STEP

1-2      Cross right over left, step left back  
3&4      Step back right, step left next to right, step right forward  
5-6      Step forward left, pivot  $\frac{1}{2}$  right. (weight should be forward on right)  
7&8      Step forward left, step right next to left turning  $\frac{1}{2}$  right, step forward left

### Easier option:

5-6      Rock recover  
7&8      Left coaster step

## REPEAT

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