To Paradise (P)



拍數: 68 牆數: 0 級數: Partner

編舞者: Hazel Pace (UK)

音樂: Ticket to Heaven - Dire Straits



Position: Ballroom Hold. Lady's steps given, Man on opposite footwork unless stated Most of the dance is in Ballroom Hold

SIDE TOGETHER, BACK, HOLD, SIDE TOGETHER, SHUFFLE

1-2 Step right to right side, step left beside right

3-4 Step back on right, hold

5-6 Step left to left side, step right beside left

7&8 Step forward on left, step right beside left, step forward on left

ROCK RECOVER, SHUFFLE 1/4 TURN RIGHT, FULL TURN RIGHT, HOLD

Open up on counts 11&12. No hand hold on counts 13&14, going into sweetheart on count 15

9-10 Rock forward on right, recover on left

11&12 Make ¼ turn right to face LOD on right shuffle forward

13-14 Make ½ turn right stepping back on left, make ½ turn right stepping forward on right

15-16 Step forward on left, hold

Both are now facing LOD

ROCK, RECOVER, COASTER STEP, STEP 1/2 TURN RIGHT, TOUCH, SIDE, TOUCH

Sweetheart up to count 20, count 21 lift arms and lady goes under left arm going into ballroom on count 23

17-18 Rock forward on right, recover on left

19&20 Step back on right, step left beside right, step forward on right

21-22 **MAN:** Step right to right side, touch left beside right

LADY: Step forward on left making ½ turn right, touch right beside left

23-24 Step right to right side, touch left beside right

SIDE, TOUCH, ROCK RECOVER, ROCK RECOVER, STEP, HOLD

Ballroom hold, man facing LOD

25-26 Step left to left side, touch right beside left

27-28 Rock back on right, recover on left 29-30 Rock forward on right, recover on left

31-32 Step back on right, hold

STEP BACK, FULL TURN RIGHT, HOLD, ROCK RECOVER, STEP, HOLD

Lady drop left hand turning under right as you make a full turn, ballroom hold from count 37-54

33-36 **MAN:** Walk forward on right, left, right, hold

LADY: Step back on left, make ½ turn right stepping forward on right

35-36 Make ½ turn right stepping back on left, hold (moving back towards LOD)

37-38 Rock back on right, recover on left

39-40 Step forward on right, hold

1/4 TURN RIGHT, TOGETHER, SIDE SHUFFLE, ROCK RECOVER, SIDE SHUFFLE Lady now facing ILOD, man facing OLOD

41-42	Make ¼ turn right stepping left to left side, step right beside left
43&44	Step left to left side, step right beside left, step left to left side

45-46 Cross rock right behind left, recover on left

47&48 Step right to right side, step left beside right, step right to right side

WEAVE RIGHT, ROCK RECOVER, FULL TURN RIGHT, HOLD

Count 55 lady drop left hand turning under right as you make full turn. Ballroom hold count 58 to end of dance

49-52 MAN: When doing the weave cross in front, side, behind, side

LADY: Cross left behind right, step right to right side, cross left over right, step right to right

side

Rock left behind right, recover on right

55-58 MAN: Step right to right side, cross left over right, step right to right side, hold

LADY: Make 1/4 turn right stepping back on left, make 1/2 turn right stepping forward on right,

make 1/4 turn right stepping left to left side, hold

ROCK RECOVER, SIDE SHUFFLE, ROCK RECOVER, FULL TURN RIGHT, TOUCH

Count 65 lady drop left hand turning under right as you make a full turn

59-60 Rock back on right, recover on left

Step right to right side, step left beside right, step right to right side

63-64 Rock back on left, recover on right

65-68 MAN: Same as counts 55-57, touch left beside right

LADY: Make 1/4 turn right stepping back on left, make 1/2 turn right stepping forward on right,

make 1/4 turn right stepping left to left side, touch right beside left

REPEAT

53-54