

# To My Soul

COPPERKNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Emma Milling Karlsson (SWE) & Sarah Hedberg (SWE)  
音樂: Country Down to My Soul - Lee Roy Parnell



## RIGHT CHASSE, LEFT TOUCH, HEEL-JACK, RIGHT BACK, ½ REVERSE TURN RIGHT, LEFT KICK-BALL FORWARD

1&2      Step right foot to right side, step left foot beside right, step right foot to right side  
3&4      Touch left toe beside right foot, step left foot slightly back, touch right heel diagonally forward  
5-6      Touch right toe back, make ½ turn right on both feet ending up with weight on right foot  
7&8      Kick left foot forward, step left foot beside right foot, step right foot slightly forward

## LEFT ROCK STEP FORWARD, ½ TRIPLE TURN LEFT, TOUCH SCOOT STEP ½ TRIPLE TURN LEFT, LEFT COASTER STEP BACK

1-2      Rock forward on left foot, recover onto right foot  
3&4      Make ¼ turn left stepping left to left side, step right beside left, step left ¼ turn left  
5&6      Make ¼ turn left touching right toe behind left heel, make ¼ turn left lifting right and scooting back on left, step back on right  
7&8      Step left foot back, step right foot beside left, step forward on left foot

## RIGHT KICK, KICK 1/8 TURN, RIGHT SAILOR STEP WITH 1/8 TURN, LEFT SHUFFLE FORWARD, FULL TURN LEFT

1-2      Kick right foot forward, kick right foot forward and make 1/8 turn right on ball of left foot  
3&4      Sweep right foot behind left foot and make 1/8 turn right and taking weight on right foot, step left to left side, step right foot slightly forward  
5&6      Step left foot forward, step right foot beside left, step left foot forward  
7      Make a ½ turn left on ball of left foot, stepping back onto right foot  
8      Make a ½ turn left on ball of right foot, stepping forward onto left foot

## RIGHT KICK-BALL FORWARD, FLICK WITH ½ TURN LEFT, RIGHT SHUFFLE FORWARD, LEFT TOUCH, HEEL-JACK

1&2      Kick right foot forward, step right foot beside left, step left foot slightly forward  
3-4      Touch right heel forward, flick right foot back and make a ½ turn left on ball of left foot  
5&6      Step right foot forward, step left foot beside right, step right foot forward  
7&8      Touch left toe beside right foot, step left foot slightly back, touch right heel diagonally forward

REPEAT