

To Love A Man

COPPER KNOB
BY STEPHENETS

拍數: 64 牆數: 4 級數: Beginner
編舞者: Jytte Stougaard (DK)
音樂: Help Myself To Love A Man - Billie Jo Spears



TOE STRUT TWICE, ROCKING CHAIR

1-8 Step right toe forward, drop right heel, step left toe forward, drop left heel, rock forward on right foot, recover to left foot, rock back on right foot, recover to left foot

TOE STRUT TWICE, PIVOT ½ TURN STEP

9-16 Step right toe forward, drop right heel, step left toe forward, drop left heel, step forward on right foot, turn on balls of both feet ½ turn left, step forward on right foot, hold

TOE STRUT TWICE, ROCKING CHAIR

17-24 Step left toe forward, drop left heel, step right toe forward, drop right heel, rock forward on left foot, recover to right foot, rock back on left foot, recover to right foot

TOE STRUT TWICE, ¼ TURN LEFT

25-32 Step left toe forward drop heel, step right toe forward drop heel, walk forward on left foot, turn on ball of left foot ¼ turn left weight on right foot, step left foot on the spot, touch right foot to left foot

EXTENDED VINE RIGHT, HOLD, BACK ROCK

33-40 Step right foot to right side, cross left foot behind right foot, step right foot to right side, cross left foot over right foot, step right foot to right side, hold rock back on left foot recover to right foot

EXTENDED VINE LEFT, HOLD, BACK ROCK

41-48 Step left foot to left side, cross right foot behind left foot, step left foot to left side, cross right foot over left foot, step left foot to left side, hold, rock back on right foot, recover to left foot

PIVOT 2 X ½ TURN LEFT

49-56 Step forward on right foot, on balls turning ½ turn left, step forward on right foot, on balls turning ½ turn left

POINT DIAGONALLY

57-64 Step right foot diagonally to the right, point left foot diagonally forward, step left foot back diagonally, point right foot diagonally back

REPEAT

TAG

After walls 1, 2, 3, and 5

1-2 Stomp right, stomp left

TAG

After wall 4

1-4 Stomp right, left, right, left

ENDING

On wall 8, dance the first 12 steps, then make ¾ unwind left