

To Dance Or Not To Dance

COPPER **KNOB**
BY STEPHEN METELNICK

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Peter Metelnick (UK) & Alison Metelnick (UK)
音樂: Shakespeare's Way With Words - One True Voice



RIGHT FORWARD & SIDE TOUCHES, RIGHT SYNCOPATED ROCK BACK, RECOVER & SCUFF, RIGHT FORWARD, LEFT TOUCH TOGETHER, LEFT BACK, RIGHT HEEL FORWARD, RIGHT BACK, LEFT FORWARD

1-2 Touch right toes forward, touch right toes right side
3&4 Step right back rocking back, recover weight on left, scuff right forward
5-6 Step right forward, touch left toes together
&7 Step left back, touch right heel forward
&8 Step right back, step left forward

RIGHT FORWARD, ½ LEFT PIVOT TURN, RIGHT FORWARD SHUFFLE, LEFT FORWARD & SIDE TOUCHES, LEFT SYNCOPATED ROCK BACK, RECOVER & SCUFF

1-2 Step right forward, pivot ½ left
3&4 Step right forward, step left together, step right forward
5-6 Touch left toes forward, touch left toes left side
7&8 Step left back rocking back, recover weight on right, scuff left forward

LEFT FORWARD, ¼ RIGHT PIVOT TURN, LEFT SAILOR HEEL, BALL CROSS UNWIND ½ LEFT, LEFT HEEL FORWARD, BALL CROSS OVER SHUFFLE

1-2 Step left forward, pivot ¼ right
3&4 Cross step left behind left, step right slightly right, touch left heel forward
& Step left back
5-6 Cross right over left & unwind ½ left, touch left heel forward
& Step left back
7&8 Cross step right over left, step left together, cross step right over left

¾ TURN, LEFT BACK COASTER STEP, RIGHT FORWARD SHUFFLE, ¼ RIGHT ROCK & CROSS

1-2 Turning ¼ left step left forward, turning ½ left step right back
3&4 Step left back, step right together, step left forward
5&6 Step right forward, step left together, step right forward
7&8 Turning ¼ right rock left to left side, recover weight on right, cross step left over right

RIGHT SIDE TOGETHER, RIGHT SIDE SHUFFLE, WEAVE RIGHT 2, LEFT SAILOR KICK

1-2 Step right to right side, step left together or vine right 2
3&4 Step right to right side, step left together, step right to right side
5-6 Cross step left over right, step right to right side
7&8 Cross step left behind right, step right slightly right, kick left forward

LEFT BACK, RIGHT FORWARD, TURNING ½ LEFT STEP LEFT BACK, RIGHT HEEL PRESS 2X, RIGHT BACK COASTER STEP, LEFT FORWARD SHUFFLE

&1-2 Step left back, step right forward, turning ½ left step left back
3-4 Press right heel down twice ending with weight still on left foot
5&6 Step right back, step left together, step right forward
7&8 Step left forward, step right together, step left forward

REPEAT