

To Be Your Man

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
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音樂: To Be Your Man - Peer Gynt



SHIMMY, SHIMMY (OR SLIDE)

1-4 Right forward shimmy shoulders and everything else drag left to right
5-8 Left forward shimmy shoulders drag right to left weight ends on left
Male optional: slide forward right, drag left, repeat for left

SCOOTs BACK

1& Scoot left back, step on right
2& Scoot right back, step on left
3&4& Repeat 1&2&
5& Step left back to left, right back to right shoulder width apart
6&7&8& Bounce heels

VINE, DOUBLE ROCKING CHAIR

1-4 Step right to right, left behind right, right to right, left brush forward
5& Rock step left forward, recover to right
6& Rock step left back, recover to right
7& Rock step left forward, recover to right
8 Stomp- up left beside right
1-8 Repeat last count (17-24) to the left beginning with left

HITCH TURN, BODY ROLL

1-2 Touch right to right, hitch knee, turning $\frac{1}{4}$ left (9:00)
3-6 Repeat 1-2 (6:00 then 3:00)
7-8 Body roll (keep back straight, bend knees, push center of body forward, then pull shoulders back and up as stand straight)

THREE SAILORS MOVING BACK, SAILOR $\frac{1}{4}$ TURN

1&2 Right behind left, left to left, right to right
3&4 Left behind right, right to right, left to left
5&6 Right behind left, left to left, right to right
7&8 Left behind right turning $\frac{1}{4}$ left, right to right, left to left (12:00)

SHUFFLE, $\frac{1}{2}$ TURN, SHUFFLE BACK, ROCK, SCOOT, BRUSH-UP

1&2 Right shuffle forward (right-left-right)
& Turn $\frac{1}{2}$ right on ball of right
3&4 Left shuffle back (left-right-left)
5-6 Rock step right back, recover to left
7 Brush right beside left
& Scoot left back, as hitch right
8 Step-up right(no weight) beside left

STEPS FORWARD AND BACK PIVOTS $\frac{1}{2}$, $\frac{1}{4}$

1& Small steps forward with right, left
2& Small steps back with right left
3& Small steps forward with right, left
4& Small steps backward with right, left

5-6	Forward right, pivot $\frac{1}{2}$ left (12:00)
7-8	Forward right, pivot $\frac{1}{4}$ left (9:00)

REPEAT
