

拍數: 32 牆數: 2 級數: Improver
編舞者: Tom Khoury (USA)
音樂: Shortenin' Bread - The Tractors



BACK STEPS, COASTER STEP, TOE-HEEL STRUTS

- 1-2 Step right behind left, step left behind right
- 3&4 Step right back, step left back beside right, step right forward
- 5-6 Touch left toe forward, step down on left heel
- 7-8 Touch right toe forward, step down on right heel

PIVOTS, APPLEJACKS LEFT

- 9-10 Step left forward, pivot ½ turn right
- 11-12 Step left forward, pivot ½ turn right sliding right next to left
- 13-14 With weight on left heel and right toe, swivel left toe and right heel to the left, shifting weight to left toe and right heel, swivel left heel and right toe to the left
- 15-16 Shifting weight to right toe and left heel, swivel left toe and right heel to the left, shifting weight to left toe and right heel swivel left heel and right toe to the left

MONTEREY TURN, KICK-BALL-CHANGE

- 17-18 Touch right toe to right side, turn ½ right bringing right beside left
- 19-20 Touch left toe to left side, step left foot beside right foot
- 21&22 Kick right forward, quickly step on right, step on left in place
- 23&24 Kick right forward, quickly step on right, step on left in place

QUICK STEPS FORWARD & BACKWARD, RIGHT & LEFT, HOLD & CLAP

- &25-26 Quickly step (small jump) forward on right, then on left, hold & clap
- &27-28 Quickly step (small jump) backward on right, then on left, hold & clap
- &29-30 Quickly step (small jump) to the right on the right foot, then on the left foot, hold & clap
- &31-32 Quickly step (small jump) to the left on the left foot, then on the right foot, hold & clap

REPEAT
