

T.L.C.

拍數: 32 牆數: 2 級數: Beginner rumba
編舞者: Steve Mason (UK)
音樂: I Need Your Love Tonight - John Dean



TOE, HEEL, STEP, HOLD, TOE, HEEL, STEP, HOLD

- 1-4 Touch right toes next to left instep, touch right heel next to left instep, step right foot forward, hold
- 5-8 Touch left toes next to right instep, touch left heel next to right instep. Step left foot forward, hold

REVERSE RUMBA BOX

- 9-12 Step right foot to right side, step left foot beside right foot, step back on right foot, hold
- 13-16 Step left foot to left side, step right foot next to left foot, step forward on left foot

FORWARD, ½ PIVOT TURN, FORWARD, HOLD, FORWARD, ¼ PIVOT TURN, CROSS, HOLD

- 17-20 Step forward on right foot, ½ pivot turn left, step forward on right foot, hold with optional clap
- 21-24 Step forward on left foot, ¼ pivot turn right, cross step left foot over right foot, hold with optional clap

GRAPEVINE RIGHT, CROSS, STEP RIGHT, HOLD, ¼ TURN LEFT, HOLD

- 25-28 Step right foot to right, cross step left foot behind right foot, step right foot to right, cross step left foot over right
- 29-32 Step right foot to right side, hold, turn ¼ left transfer weight to left foot, hold

REPEAT
