

Tippin' It

COPPER KNOB
STEPPERS

拍數: 64 牆數: 4
編舞者: Teree Desarro (USA)
音樂: I Got It Honest - Aaron Tippin

級數: Intermediate/Advanced



SWIVEL RIGHT, KICKS LEFT, STOMPS LEFT

- 1 Swivel heels to the right
- 2 Swivel toes to the right
- 3 Swivel heels to the right
- 4 Swivel toes to the right
- 5 Kick left foot across right leg
- 6 Kick left foot across right leg
- 7 Stomp left foot home
- 8 Stomp left foot home

TOE/HEEL STRUTS-LEFT, RIGHT, LEFT-RIGHT

- 1 Step forward on left toes
- 2 Step down on left heel
- 3 Step forward on right toes
- 4 Step down on right heel
- 5 Step forward on left toes
- 6 Step down on left heel
- 7 Step forward on right toes
- 8 Step down on right heel

KICKS LEFT, TOE TAP RIGHT, HEEL SPLITS

- 1 Kick left foot across right leg
- 2 Kick left foot across right leg
- 3 Step on left foot crossing right leg
- 4 Tap right toe behind left leg,
- 5 Step back with right foot
- 6 Step left foot home
- 7 Swivel heels out
- 8 Swivel heels in

KICKS LEFT, TOE TAP RIGHT, HEEL SPLITS

- 1 Kick left foot across right leg
- 2 Kick left foot across right leg
- 3 Step on left foot crossing right leg
- 4 Tap right toe behind left leg,
- 5 Step back with right foot
- 6 Step left foot home
- 7 Swivel heels out
- 8 Swivel heels in

VINE LEFT, KICK BALL CHANGES RIGHT

- 1 Step left foot to left side
- 2 Cross right foot behind left
- 3 Step left foot to left side
- 4 Touch right foot next to left
- 5 Kick forward with right foot

- & Step on ball of right
- 6 Step on left & shifting weight to left
- 7 Kick forward with right foot
- & Step on ball of right
- 8 Step on left & shifting weight to left

HEEL/TOE COMBINATIONS RIGHT WITH ¼ TURNS LEFT

- 1 Tap right heel in front
- 2 Rotate ankle and tap right toe to front while making ¼ turn to the left
- 3 Tap right heel in front
- 4 Rotate ankle and tap right toe to front while making ¼ turn to the left
- 5 Tap right heel in front
- 6 Rotate ankle and tap right toe to front while making ¼ turn to the left
- 7 Tap right heel in front
- 8 Rotate ankle and tap right toe to front while making ¼ turn to the left

RIGHT AND LEFT SHUFFLES, RIGHT KICK BALL CHANGE, ¾ TURN LEFT

- 1 Step forward on right
- & Slide left next to right
- 2 Step forward on right
- 3 Step forward on left
- & Slide right next to left
- 4 Step forward on left
- 5 Kick forward with right foot
- & Step on ball of right
- 6 Step on left & shifting weight to left
- 7 Kick right foot over left leg
- & Touch right toe to outside of left foot
- 8 Pivot ¾ turn to the left

HIP BUMPS - 2 RIGHT, 2 LEFT, RIGHT, LEFT, RIGHT, LEFT

- 1 Bump hips to the right
- 2 Bump hips to the right
- 3 Bump hips to the left
- 4 Bump hips to the left
- 5 Bump hips to the right
- 6 Bump hips to the left
- 7 Bump hips to the right
- 8 Bump hips to the left

REPEAT
