

Tip Toe Down

拍數: 48 牆數: 4 級數: Intermediate
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音樂: Angel Street - M People



SHUFFLE RIGHT, ROCK STEP, STEP, TURN, LEFT COASTER STEP

1&2 Step right on right foot, step left next to right, step right on right foot
3-4 Rock back onto left foot, recover onto right
5-6 Step left foot to left side, make a ¼ turn right and step back on right foot
7&8 Step back on left foot, step right foot next to left, step forward on left foot

ROCK STEP CROSS, ROCK STEP CROSS, SWAY, SWAY, SWAY

1&2 Rock right on right foot, return weight to left foot, cross step right over left
3&4 Rock left on left foot, return weight to right foot, cross step left over right
5-6 Stepping right to right side sway right on right foot, sway left on left foot
7-8 Sway right on right foot, sway left on left foot

CROSS TOE STEP, TOE KICK, STEP, BEHIND, STEP, KICK BEHIND, TOE STEP, ROCK STEP

1-2 Crossing right over left step on right toe, step down on right foot
3-4 Touch left toe next to right foot, turn ¼ turn left and kick left foot forward
&5 Step forward on left foot, lock step right foot behind left
&6 Step forward on left foot, kick right foot up behind left calf
&7 Step down on toe of right foot behind left foot, step down on right foot
&8 Rock to the left on left foot, return weight to right foot

CROSS TOE STEP, STEP, BEHIND, STEP, TURN, STOMP, STOMP

1-2 Crossing left over right step down on left toe, step down on left foot
3-4 Step right on right foot, step left behind right
5-6 Step right on right foot, making a ¼ turn left step left next to right
7-8 Stepping forward stomp right foot. Stomp left next to right

SHUFFLE, SHUFFLE, SCOOT, STEP, SCOOT, STEP, BUMP LEFT, RIGHT, LEFT, RIGHT

1&2 Step forward on right, step left next to right, step forward on right
3&4 Step forward on left, step left next to right, step forward on left
&5 Scoot back on left while hitching right, step back on right
&6 Scoot back on right while hitching left, step back on left
&7 Bump hips left, bump hips right
&8 Bump hips left, bump hips right

CROSS TOE STEP, ROCK, STEP, STEP BEHIND, TURN, TURN, STEP, TOGETHER

1-2 Crossing left over right step down on left toe, step down on left foot
3-4 Rock right on right foot, recover on left foot
5-6 Step right foot behind left, turning ¼ turn left step forward on left foot
7-8 Step forward on right making ¼ turn left, step left next to right

REPEAT