

Tinsley Turn-About

拍數: 44 牆數: 4 級數:
編舞者: Page Harding
音樂: No News - Lonestar



HEEL, HOOK, HEEL, HOOK, HEEL, TOE, STEP, STOMP/CLAP

- 1 Touch right heel forward
- 2 Cross right over left
- 3 Touch right heel forward
- 4 Cross right over left
- 5 Touch right heel forward
- 6 Touch right toe back
- 7 Step forward on right
- 8 Stomp left beside right and clap

HEEL, HOOK, HEEL, HOOK, HEEL, TOE, STEP, STOMP/CLAP

- 9 Touch left heel forward
- 10 Cross left over right
- 11 Touch left heel forward
- 12 Cross left over right
- 13 Touch left heel forward
- 14 Touch left toe back
- 15 Step forward on left
- 16 Stomp right beside left and clap

TWO HEEL SPLITS AND CLAPS

- 17 Spread heels apart
- 18 Return heels together and clap
- 19 Spread heels apart
- 20 Return heels together and clap

HEEL TAPS

- 21 Tap right heel
- 22 Tap right heel
- 23 Tap right heel
- 24 Tap right heel
- 25 Tap left heel
- 26 Tap left heel
- 27 Tap left heel
- 28 Tap left heel

POINT, TOUCH, HEEL, STEP, REPEAT

- 29 Touch left toe out
- 30 Touch left beside right
- 31 Touch left heel forward
- 32 Step left beside right
- 33 Touch right toe out
- 34 Touch right beside left
- 35 Touch right heel forward
- 36 Step right beside left

SHUFFLE, SHUFFLE WITH ½ TURN, BACK, BACK, ¼ TURN, STOMP/CLAP

37&38 Shuffle forward right, left, right

39&40 Shuffle left, right, left while turning ½ left

41 Step back on right

42 Step back on left

43 Turn ¼ left with weight on ball of left and pushing with ball of right

44 Stomp right beside left and clap

REPEAT
