

Timeless Cha

拍數: 64 牆數: 2 級數: Improver
編舞者: Robbie McGowan Hickie (UK)
音樂: Just Like Old Times - Heather Myles



BACK ROCK, 2 X QUARTER TURNS LEFT, RIGHT CROSS SHUFFLE, CHASSE LEFT

1-2 Rock back right behind left, rock forward on left
3-4 Turn ¼ turn left stepping back on right, turn ¼ turn left stepping left to left side
5&6 Cross step right over left, step left to left side, cross step right over left
7&8 Step left to left side, close right beside left, step left to left side, (facing 6:00)

BACK ROCK, 2 X QUARTER TURNS LEFT, RIGHT CROSS SHUFFLE, CHASSE LEFT

1-8 Repeat above counts 1-8, (now facing 12:00)

BACK ROCK, QUARTER TURN LEFT, STEP BACK, RIGHT SHUFFLE BACK, BACK ROCK

1-2 Rock back right behind left, rock forward on left
3-4 Turn ¼ turn left stepping back on right, step back on left
5&6 Right shuffle back stepping right, left, right
7-8 Rock back on left, rock forward on right, (facing 9:00)

LEFT SHUFFLE FORWARD, CROSS ROCK, CHASSE QUARTER TURN RIGHT, STEP, PIVOT QUARTER TURN RIGHT

1&2 Left shuffle forward stepping left, right, left
3-4 Cross rock right over left, rock back on left
5&6 Step right to right side, close left beside right, step right ¼ turn right
7-8 Step forward on left, pivot ¼ turn right, (facing 3:00)

LEFT CHA-CHA FORWARD, FULL TURN LEFT, RIGHT CHA-CHA FORWARD, FULL TURN RIGHT

1&2 Left cha-cha slightly forward stepping left, right, left
3-4 Traveling forward turn a full turn left stepping right, left
Or walk forward right, left
5&6 Right cha-cha slightly forward stepping right, left, right
7-8 Traveling forward turn a full turn right stepping left, right

Or walk forward left, right

FORWARD ROCK, SLIDE BACK TWICE, LEFT SHUFFLE BACK, BACK ROCK

1-2 Rock forward on left, rock back on right
3-4 Slide back on left toe (taking weight on left), slide back on right toe (taking weight on right)
5&6 Left shuffle back stepping left, right, left
7-8 Rock back on right, rock forward on left, (facing 3:00)

WEAVE LEFT, POINT, LEFT SAILOR QUARTER TURN LEFT, STEP, PIVOT HALF TURN LEFT

1-2 Cross step right over left, step left to left side
3-4 Cross right behind left, point left toe out to left side
5&6 Cross step left behind right turning ¼ turn left, step right beside left, step forward on left
7-8 Step forward on right, pivot ½ turn left, (facing 6:00)

FORWARD ROCK, RIGHT COASTER CROSS, SIDE, TOGETHER, CHASSE LEFT

1-2 Rock forward on right, rock back on left
3&4 Step back on right, step left beside right, cross step right over left
5-6 Step left to left side, close right beside left
7&8 Step left to left side, close right beside left, step left to left side, (facing 6:00)

REPEAT
