

Time's A Wasting (P)

COPPER KNOB
STEPPERS

拍數: 32 牆數: 0 級數: Partner
編舞者: David Whitehead (USA)
音樂: Wonderful Waste of Time - Alabama



RIGHT TOE, HEEL, KICK BALL STEP, LEFT TOE, HEEL, KICK BALL STEP

1-2 Step forward on right toe, drop right heel
3&4 Kick left foot forward, step on ball of left foot, step forward on right
5-6 Step forward on left toe, drop left heel
7&8 Kick right foot forward, step on ball of right foot, step forward on left foot

RIGHT STEP, TOGETHER, ANGLE SHUFFLE, LEFT STEP TOGETHER, ANGLE SHUFFLE

9-10 Step right foot forward to right angle, step left foot next to right
11&12 Right shuffle forward to right angle
13-14 Step left foot forward to left angle, step right foot next to left
15&16 Left shuffle forward to left angle

RIGHT ROCK, RECOVER, ½ TURN RIGHT WITH RIGHT SHUFFLE, STEP LEFT, PIVOT ½ TURN RIGHT, LEFT SHUFFLE FORWARD

17-18 Rock forward on right foot, replace weight on left foot
19&20 Turn ½ right on right shuffle (RLOD)
21-22 Step left foot forward, pivot ½ turn right (LOD)
On counts 21-22 drop left hands, and raise right hands. Then pick up lady's left hand after turning forward
23&24 Left shuffle forward

STEP FORWARD RIGHT; LEFT; FORWARD COASTER, HIP BUMPS

25-26 Step forward right, step forward left
27&28 Step right foot forward, step left foot next to right, step right foot back
29-30 Bump hips left, right
31&32 Bump hips left, right, left

REPEAT
