

Time 2 Live

COPPER KNOB
STEPPERS

拍數: 64 牆數: 2 級數: Intermediate social cha
編舞者: Dianne Panter (UK)
音樂: (I've Had) The Time of My Life - Bill Medley & Jennifer Warnes



1/8 TURN LEFT AND POINT FORWARD RIGHT, POINT BACK, RIGHT SHUFFLE FORWARD, 1/4 TURN RIGHT POINT FORWARD RIGHT, POINT BACK, LEFT SHUFFLE FORWARD

1-2 1/8 turn to left corner on ball of left and point right toe forward, point right toe back
3&4 Step forward right, close left beside right, step forward right
5-6 1/4 turn to right corner on ball of right and point left toe forward, point left toe back
7&8 Step forward left, close right beside left, step forward left

RIGHT HITCH AND 1/4 TURN LEFT AND FORWARD ROCK RECOVER, SAILOR 1/2 TURN RIGHT, FORWARD ROCK RECOVER, 1/4 SHUFFLE TURN

1-2 Hitch right knee and on ball of left 1/4 turn to left corner and rock forward right, recover onto left
3&4 Cross right behind left, make 1/2 turn right, step left to left side, step right to right side (into corner)
5-6 Rock forward left, recover onto right
7&8 Shuffle step making 1/4 turn to left stepping left, right beside left, step forward on left (into corner)

FORWARD ROCK RECOVER, SAILOR 1/2 TURN RIGHT, ROCK FORWARD RECOVER, 1/8 SHUFFLE TURN

1-2 Rock forward right, recover onto left
3&4 Cross right behind left, make 1/2 turn right, step left to left side, step right to right side (into corner)
5-6 Rock forward left, recover onto right
7&8 Shuffle step making 1/8 turn to left stepping left, right beside left, step left to left side

SKATE, SKATE, RIGHT SHUFFLE FORWARD, FORWARD ROCK RECOVER, SHUFFLE 1/2 TURN LEFT

1-2 Skate right, skate left
3&4 Step forward right, close left beside right, step forward right
5-6 Rock forward left, recover onto right
7&8 Shuffle step back making 1/2 turn left stepping left, right beside left, step left forward

LEFT FULL TURN FORWARD, RIGHT FORWARD LOCK STEP, FORWARD ROCK RECOVER, LEFT BACK LOCK STEP

1-2 On ball of left make 1/2 turn left stepping back right. On ball of right make 1/2 turn left stepping forward left
3&4 Step forward right, lock left behind right, step forward right
5-6 Rock forward left, recover back onto right
7&8 Step back left, lock right across front of left, step back onto left

WALK, WALK, FEET TOGETHER, 1/4 HEEL TURN RIGHT, FORWARD ROCK RECOVER, COASTER STEP

1-2 Step back right, step back left
3-4 Step right beside left. On both heel make 1/4 turn to right
5-6 Rock forward on left, recover back on right
7&8 Step back left, step right beside left, step forward left

WEAVE RIGHT WITH 1/2 TURN WEAVE LEFT WITH 1/4 TURN, ROCK FORWARD AND RECOVER

1-2 Step right to right side, cross left behind right

- 3-4 Make $\frac{1}{4}$ right stepping onto right, make $\frac{1}{4}$ turn right stepping left to left side
5-6 Cross right behind left, make $\frac{1}{4}$ turn left stepping forward on left
7-8 Rock forward right, recover back onto left

SHUFFLE $\frac{1}{2}$ TURN RIGHT, RIGHT FULL TURN FORWARD, LEFT LOCK STEP, STEP $\frac{1}{2}$ PIVOT

- 1&2 Shuffle step back making $\frac{1}{2}$ turn right stepping right, left beside right, step right forward
3-4 On ball of right make $\frac{1}{2}$ turn right stepping back left. On ball of left make $\frac{1}{2}$ turn right stepping forward right
5&6 Step forward left, lock right behind left, step forward left
7-8 Step forward right, make $\frac{1}{2}$ turn left

REPEAT
