

Time To Cha Cha

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Amanda Harvey-Tench (UK)
音樂: Everything's Changed - Lonestar



SIDE, ROCK BACK, LEFT SHUFFLE FORWARD, ROCK FORWARD, COASTER STEP

- 1 Step right foot to right side
- 2 Rock back on to left foot
- 3 Recover weight on to right
- 4&5 Step forward on left, step right beside left, step forward on left
- 6 Rock forward on right foot
- 7 Recover weight on to left
- 8&1 Step back on right, step left beside right, step forward on right

STEP, PIVOT ½ TURN, ½ TURNING SHUFFLE, ROCK BACK, STEP & POINT

- 2 Step forward on left
- 3 Pivot ½ turn to the right
- 4&5 Triple step left-right-left making a ½ turn to the right
- 6 Rock back on right foot
- 7 Recover weight on to left
- 8&1 Step forward on right foot, step left beside right, point right toe to right side

KNEE BEND, ¼ TURN RIGHT, LEFT SHUFFLE FORWARD, SWEEP INTO A ¼ TURN LEFT, ¾ TURN RIGHT

- 2 Bend right knee in towards left leg
- 3 Step into a ¼ turn right
- 4&5 Step forward on left, step right beside left, step forward on left
- 6 Sweep right foot around in front of left as you turn ¼ to the left
- 7 Cross right over left
- 8&1 Step left foot to left side turning a ¼ right, turn ½ to the right stepping on right then left (this step is a ¾ triple step turning to the right)

WALK, WALK, MAMBO STEP, ROCK BACK, POINT, STEP

- 2 Walk forward on right foot
- 3 Walk forward on left foot
- 4&5 Rock forward on to right, recover weight on to left, step right beside left
- 6 Rock back on left foot
- 7 Recover weight on to right
- 8& Point left toe to left side, step left beside right

REPEAT
